

# WARBURG FCSS & RECREATION

LEST WE FORGET...

FCSS





Family and Community Support Services  
phone: 780-979-2385  
leduc-county.com

## Understanding & Healing the Roots of Anxiety

*a supportive online environment for adults*

Join us for this free support group where we will:

- explore the roots of anxiety
- discover how alarm relates to all the other emotions
- understand how anxiety relates to relationships
- Gain practical strategies
- Build an online community of individuals experiencing similar challenges, and emerge with a clearer direction for moving forward

This five week online group will meet for weekly 1.5 hour sessions starting Monday November 16th at 6 pm. This is a registered group that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone.

In partnership with Karunia Counselling, sessions will be facilitated by a Registered Provisional Psychologist and a Registered Social Worker. For more information or to register contact Eugena at 780-955-6421.

Dates: **Mondays, Nov 16-Dec 14, 2020**  
Time: **6 p.m. – 7:30 p.m.**  
Location: **online**  
Registration Opens: **August 17, 2020**



For more information, call 780-955-6421 or email [eugena@leduc-county.com](mailto:eugena@leduc-county.com).

Leduc County | New Sarepta | Town of Calmar | Town of Thorby | Village of Warburg



Family Resource Network  
leduc-county.com  
Facebook Leduc County Family Resource Network

## PARENT-CHILD MOTHER GOOSE PROGRAM

Warburg

Connect with your child using rhymes, songs, and stories and gain skills and confidence in this program geared towards babies and young children. Children will benefit from enjoyable, healthy early experiences with language and communication and it will be a fun, bonding experience for you and your child!

Date: **Fridays**  
**October 16 - November 20**  
**NOTE - no program on November 13th**  
Time: **10:30 a.m. to 11:30 a.m.**  
Location: **Warburg Community Hall**  
**5335 50A Avenue**  
Registration starts: **Monday, September 28**

in partnership with



To register for this program or for more information, call 780-979-2385 or email [frn@leduc-county.com](mailto:frn@leduc-county.com).



Leduc County | City of Beaumont | Town of Calmar | Town of Devon | Town of Thorby | Village of Warburg



Family and Community Support Services  
phone: 780-979-2385  
leduc-county.com

## Caregiver Support Group

*Telephone Monthly Meetings*

Do you identify as a caregiver to an aging or elderly family member, friend, or spouse? This group offers a safe and confidential environment where people in a caregiver role can meet to mutually support one another by sharing their thoughts, experiences, concerns, questions, and ideas in a non-judgmental atmosphere. Guest speakers are brought in as possible. Open to anyone who identifies as a caregiver to an older adult or senior; no referral necessary. New members are always welcome.



Dates: **Tuesday, September 15; Tuesday, October 20; Tuesday, November 17; Tuesday, December 15**  
Time: **1 p.m. to 2:30 p.m.**  
Location: **Over the Phone**  
Registration: **OPEN**

Sessions take place on the third Tuesday of every month. To register for one session (or all sessions through December), call 780-955-4554 or email [carla@leduc-county.com](mailto:carla@leduc-county.com).

Leduc County | New Sarepta | Town of Calmar | Town of Thorby | Village of Warburg



Family and Community Support Services  
phone: 780-979-2385  
leduc-county.com

## Alpha Children

*Parent Education Workshop*

Alpha children are often described as bossy, prescriptive and controlling, demanding, competitive and can be labelled as a bully. Alpha children are not only more challenging to parent, but also predisposed to a number of problems including anxiety, aggression, oppositionality and eating problems. The root of the problem - the alpha dynamic - is one of the least known and yet most impactful factors in a relationship. While the focus of the workshop is on children, the revelations and challenges are for us as adults.

This is a four week registered workshop that will be held virtually (online) through a secure video meeting platform. It includes four online sessions of video material along with interactive workshop activities and will be facilitated by a social worker. Participation requires internet access by computer, laptop or smartphone. If you are a two-parent family, we encourage both parents to attend the sessions if possible.

Dates: **Wednesdays,**  
**Nov 18 – Dec 9, 2020**  
Time: **2 p.m. to 4 p.m.**  
Location: **online**



To register for this program or for more information, call 780-955-6421 or email [eugena@leduc-county.com](mailto:eugena@leduc-county.com).

Leduc County | New Sarepta | Town of Calmar | Town of Thorby | Village of Warburg

# CHRISTMAS ELVES 2020

It's that time of year!!! Self-referrals for our Christmas Elves Campaign will be accepted beginning on **November 12, 2020**. Please contact Tami at **780-848-2828** to set up an intake appointment.

Donations will be accepted any time! Unfortunately, we will **not be running the annual Fireman's Food Drive, due to the restrictions stemming from the Covid-19 pandemic**. That being said, the need for community support has not faded. We will gladly accept food donations at the Village Office, the Warburg Public Library, and the Village Market. As well, we will have our Christmas Angel tree set up, and in-package toys will also be accepted with much appreciation! A few other items that are always needed are:

- \* Children's Pajama Sets
- \* socks in children and adult sizes
- \* Toques, Mitts, Scarves
- \* Hand Sanitizer
- \* Toothbrushes, Toothpaste, Deodorant, Shampoo, Conditioner, soap
- \* Books, family games, cookie cutters, rolling pins, baking sheets
- \* paper towel, toilet paper, wash cloths, cleaning supplies



*Keep an eye out on the Warburg FCSS Facebook page as well as at the Village Market for a unique new way to contribute to our annual Christmas Elves Program! Details will be coming out within the next few weeks!*

*Donation and Cash donation boxes will be dispersed around local businesses and organizations after Remembrance Day*

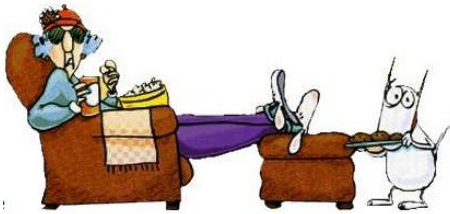
Cash donations will also be accepted, and VERY appreciated, as due to the current Health Situation, we will be purchasing more aid in the form of gift certificates, etc.

This year has not been a *normal* year by any stretch of the imagination. We at Warburg FCSS have been humbled by the offers of support and assistance that has been offered to the community by it's own members. Now, more than ever, we need to take care of ourselves and each other. This program is a true reflection of neighbors helping neighbors, and we are so thankful to the Village of Warburg for the strength and support our residents offer.

We could NOT run this program without you, and each and every recipient of your generosity and good nature will be received with gratitude. Let's all come together and ensure that no Warburg resident goes without the Magic of Christmas!

*\*\*\* Please note—we are always blown away by the amount of volunteer support shown to the Christmas Elves program every year. This year, we will unfortunately have to limit the amount of volunteers who participate in food sorting, toy sorting, packing and delivery. We ask that interested parties do still contact Tami at 780-848-2828 near the end of November, once we have some dates set up, we will be assessing the needs and ability to social distance until then, and will accept as many volunteers as we can responsibly ensure the health and safety of.\*\*\**





## FROM THE WARBURG SENIORS CENTRE...

Monthly Board meeting - November 4, 10:30 A.M.

QUILTING - Tuesdays at 10:00 a.m.

CARDS - Wed 1-3 p.m. \$2.00 drop in free  
- bring your own snacks and beverages

FLOOR CURLING  
- Thursdays from 1-4 pm at the Hall

The Quilters are running a Raffle to raise funds for a second set of Crosswalk lights in our community! Tickets are still available—please contact Nancy at 780-848-7756 or visit the Warburg Public Library for more information or to purchase!



**Your Nurse Practitioner**

**Your healthcare team**

- Nurses • Dietitians • Exercise Specialist
- Mental Health Therapists
- Behavioural Health Consultants

**Collaborative care in:**

- diabetes management • tobacco cessation
- weight management • mental health
- geriatric consultation • referral coordination
- exercise prescriptions • health education classes
- after-hours clinics in Leduc & Beaumont
- specialists clinics



Monday, Wednesday, Friday 9:00 a.m. - 4:00 p.m.  
Closed 12:00 p.m. - 1:00 p.m.

Phone: 825-320-3000  
www.lbdpcn.com

5212 - 50 Avenue, Warburg  
Located in the Village of Warburg  
office basement, parking in rear

# WHAT TO DO IN THE VILLAGE...



**IT'S 5 O'CLOCK SOMEWHERE!**

**WARBURG LEGION/WARBURG SENIORS GROUP**

**PIONEER  
AG CENTER**

5335-50a Ave Warburg, AB

**THURSDAY**

**NOV, 19TH**

**DOORS @ 5 PM**

**DINNER @ 6**

**DANCE @ 7 PM**

**TICKETS \$35**

AVAILABLE FROM LEGION MEMBERS  
OR CALL

DEB/MAX 780-848-2923

NANCY/ALLAN 780-848-7756

**ONLINE TICKETS @  
EVENTBRITE.CA**

SPACE IS LIMITED

ALL AHS PROTOCOLS IN PLACE AT TIME OF SHOW  
INCLUDING DANCING WITHIN YOUR SOCIAL GROUP

**COME ENJOY THE PERFORMANCE**

**aaronhallidaymusic.com**



**STAR RING**

**Aaron Halliday**



**THE ALAN JACKSON EXPERIENCE**

**ASH  
ENTERTAINMENT**  
ASHBOOKINGAGENCY@GMAIL.COM



**NEEDS YOUR SUPPORT with:**

- ✓ Volunteering
- ✓ Board of Directors
- ✓ New and Fun Ideas

The Board meets the second Wednesday of every month at 7 p.m. (except July and August) and welcomes newcomers and guests.

Come see what we're all about and how we make the fun things in the community happen.

- ❖ Easter Egg Hunt and Hot Dogs
- ❖ Special Events and Parties
- ❖ Hall Rentals for your events



780-848-2841 for information



Warburg Ag Society

**HALL RENTAL RATES**

- |   |       |
|---|-------|
| 1. Hall, Kitchen & Lounge (full day - 6 am/24 hr.)  | \$300 |
| 2. Hall, Kitchen & Lounge (1/2 day, suppers etc.)   | \$200 |
| 3. Meetings (under 5 hours)   | \$50  |
| 4. Kitchen Only   | \$100 |
| 5. Lounge Only  | \$100 |
| 6. Event Pkg. #1 (Friday noon to Sunday noon)   | \$450 |
| 7. Event Pkg. #2 (Friday 6 am to Sunday 9 pm)   | \$550 |
| Each additional consecutive day   | \$150 |
| 8. Damage Deposit   | \$300 |
| 9. Camping – All units must be self-contained or extra charges and/or damage deposit may be levied. |       |

Full Hook-ups available at Warburg RV Park 780-848-2841

Use of Curling Rink, its bar, tables, etc. NOT INCLUDED

# FROM THE WARBURG PUBLIC LIBRARY

We are looking for a new Board member to join our wonderful crew! Please contact Gail O' Neil at 780-848-2391 for more information!



**THE WARBURG ARENA:**

Shinny time—Tuesdays from 3:45-5:45

Public Skating—Thursdays from 3:45-5:15

\*\*\*we ask that only those skating attend these times, to limit the amount of persons using the facilities.\*\*\*

# From the Warburg Legion...

This year, we are honouring the memory of all those who fought on behalf of our country in a slightly different manor. We are still holding the Remembrance Day Ceremony at the Pioneer Recreation Center (Hall), however there will be no luncheon served, and, aside from 5 wreaths, the other wreaths rented by various individuals and organizations in support of the Legion will be pre-laid, to limit the risk of close contact. We ask that you wear a mask to respect those seated around you. Please also note that the doors will be closed and locked at 11 a.m. for two minutes to respect the 2 minutes of silence observed. We understand that this event will look different than in previous years, but we do not want Covid-19 to dim our respect for those who served. Please do join us from 10:30 a.m. until 12:00 p.m. at the Hall to show your respects.

We will also be placing the poppy donation boxes around town the first week of November and we ask that you show your support by purchasing a poppy and wearing it proudly. We are only afforded the lifestyle and freedom we currently have because of the brave men and women who fought for us. Lest not forget...



## KIDS WINTER CRAFT

&

## PRIZE BINGO!!!

November 12, 2020

1:30-3:30 p.m.

Village Basement



Please join us for a fantastic afternoon of glitter, glue, and an exciting game of Winter Bingo! We will be creating beautiful Winter Themed Sensory Jars, and playing a few rounds of Bingo, complete with prizes for the winners! (all children will leave with a prize, don't worry!)

We will be following all AHS Covid-19 safety protocols. We ask that this is a parented event. Hand sanitizer will be provided. To ensure that there is enough space to practice appropriate social distancing, this program will have a maximum of 10 participants (not including parents as they are part of the children's cohort.) Preregistration and payment is also required so that we can ensure enough space.

Minimum # of Participants: 5  
Maximum # of Participants: 10  
COST: \$5.00/CHLD  
Please stop by the Village Office to register!

# PROTECT YOURSELF AGAINST FRAUD

Participate in an online information session to find out about Canada Revenue Agency's how to *Slam the Scam*.

Nicole Frandsen and Sandra Paul, Outreach Officers from the Canada Revenue Agency (CRA), will share information on both CRA and COVID-19 scams, how to recognize them, examples of fraudulent communications and will answer any questions you might have.

**WHEN:** Monday Nov. 2 at 5 p.m.

**WHERE:** online participation

**REGISTER:** please contact Lucille to receive the invitation link to the session:

[Lucille@leduc-county.com](mailto:Lucille@leduc-county.com) or 780-941-2382.



# SERVICE CANADA READY TO HELP — BUSINESSES



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



Canada COVID-19 App and Daily Symptom Tracker

The app will support you to track your symptoms, receive the latest updates, and access trusted resources.

## CANADA EMERGENCY WAGE SUBSIDY (CEWS)

We are covering a portion of an employee's wages for eligible employers. The CEWS will allow you to re-hire your employees and avoid layoffs as the economy continues to safely reopen.

<https://bit.ly/2T0cKJl>

**Application Guide:**

<https://bit.ly/3bra8Uj>

**FAQ – Technical Guide:**

<https://bit.ly/2Arxbs8>

## WORK-SHARING PROGRAM

We are extending the maximum duration of the Work-Sharing program from 38 weeks to 76 weeks for employers affected by COVID-19.

<https://bit.ly/2Czw9f5>

[EDSC.DGOP.TP.REP-RES.WS.POB.ESDC@servicecanada.gc.ca](mailto:EDSC.DGOP.TP.REP-RES.WS.POB.ESDC@servicecanada.gc.ca)

1-800-367-5693 (TTY: 1-855-861-9874)

## CANADA EMERGENCY COMMERCIAL RENT ASSISTANCE (CECRA)

Over the course of the program, property owners will reduce rent by at least 75 % for the months of April, May, June, July, August and September for their small business tenants. CECRA will cover 50 % of the rent, with the tenant paying up to 25 % and the property owner forgiving at least 25 %.

<https://bit.ly/3g3DTE0>

## CANADA SUMMER JOBS

We made temporary changes to the Canada Summer Jobs program to allow employers to:

- receive an increased wage subsidy, so that private and public sector employers can also receive up to 100 per cent of the provincial or territorial minimum hourly wage for each employee;
- extend the end date for employment to February 28, 2021;
- adapt their projects and job activities;
- hire staff on a part-time basis.

The call for applications for the 2020 season is now closed.

<https://bit.ly/35Sguik>

1-800-935-5555 (TTY: 1-800-926-9105) or your funding representative

## DID YOU KNOW?

There's an interactive tool to help you find the COVID-19 support you need for your business:

[Innovation.canada.ca](https://www.innovation.canada.ca)

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)



# SERVICE CANADA READY TO HELP — SENIORS



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)

Canada COVID-19 App and Daily Symptom Tracker  
The app will support you to track your symptoms, receive the latest updates, and access trusted resources.

## PUBLIC PENSIONS

We are providing a one-time tax-free payment of \$300 for seniors eligible for the Old Age Security pension, with an additional \$200 for seniors eligible for the Guaranteed Income Supplement. If you receive the Old Age Security pension and the Guaranteed Income Supplement, you will receive a single payment of \$500.

You do not have to apply. This payment will be issued as soon as possible.

[My Service Canada Account: https://bit.ly/2W93jr](https://bit.ly/2W93jr)

**Questions:**

1-800-277-9914

Outreach Support Centre: 1-877-631-2657

[Canada.ca/en/services/benefits/publicpensions.html](https://www.canada.ca/en/services/benefits/publicpensions.html)

## REGISTERED RETIREMENT INCOME FUNDS

We reduced the required minimum withdrawals from Registered Retirement Income Funds (RRIFs) by 25 per cent for 2020.

<https://bit.ly/3bstRtv>

## UNITED WAY CANADA

We are contributing \$9 million through United Way Canada for local organizations to support practical services to Canadian seniors. Contact your local organization:

2-1-1

[Unitedway.ca/how-we-help/find-your-uwc/](https://www.unitedway.ca/how-we-help/find-your-uwc/)

## CANADA EMERGENCY RESPONSE BENEFIT (CERB)

Closed.  
We provided a taxable benefit of \$2,000 every 4 weeks for up to 28 weeks to eligible workers who stopped working or whose work hours were reduced due to COVID-19. If you continue to need financial support, find out if you are eligible for Employment Insurance (EI).

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)



# SERVICE CANADA READY TO HELP — YOUTH



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



Canada COVID-19 App and Daily Symptom Tracker

The app will support you to track your symptoms, receive the latest updates, and access trusted resources.

## CANADA EMERGENCY RESPONSE BENEFIT (CERB)

Closed.  
We provided a taxable benefit of \$2,000 every 4 weeks for up to 28 weeks to eligible workers who stopped working or whose work hours were reduced due to COVID-19. If you continue to need financial support, find out if you are eligible for Employment Insurance (EI).

You can also look for employment opportunities through the Job Bank

## EMPLOYMENT INSURANCE (EI) PROGRAM

We announced temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work. As of September 27, you may be eligible for EI. If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits.

If you do not become eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl>

## CANADA STUDENT LOANS PROGRAM (CSLP)

We made changes to the Canada Student Loans Program (CSLP) to allow more students to qualify for support and be eligible for greater amounts. Learn more about Canada Student Grants and Loans:

<https://bit.ly/2WrzEvb>

## MENTAL HEALTH SUPPORT

We are giving \$7.5 million in funding to Kids Help Phone to provide young people with the mental health support they need during this difficult time.

[Kidshelpphone.ca](https://www.kidshelpphone.ca)

1-800-668-6868

## JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:

<https://bit.ly/2YWXcd9>

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)





## Overview of Seniors Programs (65+)

SHARP & SNA

In this session, we will cover the basics of the Seniors Home Adaptation and Repair Program (SHARP) and the Special Needs Assistance Program (SNA): two significant programs designed to assist Albertans 65+ to remain living independently in their homes. We will discuss eligibility criteria, the application process, examples of eligible items, and common questions. Approximately 20 minutes for Q&A. Open to all; no referral necessary.

Date: **Thursday, December 10**  
Time: **10 a.m. to 11:30 a.m.**  
Location: **Over the Phone**  
Registration starts: **Thursday, September 10**

To register for this session or for more information, please call 780-955-4554 or email [carla@leduc-county.com](mailto:carla@leduc-county.com) by no later than December 4. Please note that when joining the meeting, you can choose to share your full name or join anonymously.



Leduc County | New Sarepta | Town of Calmar | Town of Thorstby | Village of Warburg

## Caregiver Support Group

November 2020

Do you identify as a caregiver to an aging or elderly family member, friend, or spouse? This group offers a safe and confidential environment where people in a caregiver role can meet to mutually support one another by sharing their thoughts, experiences, concerns, questions, and ideas in a non-judgmental atmosphere. Open to anyone who identifies as a caregiver to an older adult or senior; no referral necessary. New members are always welcome.

### Hints & Tips for Supporting a Person Living with Dementia

Arlene Huhn, Regional Lead from the Alzheimer's Society of Alberta and NWT will discuss the differences in the many dementias; provide a general understanding of Alzheimer's disease and related dementia's; provide hints and tips; and ways to decrease your risk factors.



Dates: **Tuesday, November 17**  
Time: **1 p.m. to 3 p.m.**  
Location: **Online or Over the Phone**  
Registration: **OPEN**

To register for this session (or all sessions through December), call 780-955-4554 or email [carla@leduc-county.com](mailto:carla@leduc-county.com).

Leduc County | New Sarepta | Town of Calmar | Town of Thorstby | Village of Warburg

## New Canada Recovery Benefits – What to Expect

CERB from CRA – how it worked:

New Canada Recovery Benefits – how they will work:

	Canada Emergency Response Benefit (CERB)	Canada Recovery Benefit (CRB)	Canada Recovery Sickness Benefit (CRSB)	Canada Recovery Caregiving Benefit (CRCB)
Benefit Periods	<ul style="list-style-type: none"> <li>4 week periods/ \$2000 - up to a maximum of 28 weeks</li> <li>Apply at the beginning of the period</li> <li>Payments issued at the beginning of the 4-week period</li> <li>Prospective (apply at start of period)</li> <li>Apply retroactively until Dec. 2, 2020</li> </ul>	<ul style="list-style-type: none"> <li>2 week periods \$1000 (\$900 after tax)</li> <li>Up to a maximum of 26 weeks</li> </ul>	<ul style="list-style-type: none"> <li>1 week periods \$500 (\$450 after tax)</li> <li>Up to a maximum of 2 weeks</li> </ul>	<ul style="list-style-type: none"> <li>1 week periods \$500 (\$450 after tax)</li> <li>Up to a maximum of 26 weeks per household</li> </ul>
Taxable	<ul style="list-style-type: none"> <li>No taxes withheld on payments</li> </ul>	<ul style="list-style-type: none"> <li>CRA will withhold 10% of benefit payment amount in taxes</li> </ul>		
Earning While on Benefits	<ul style="list-style-type: none"> <li>You had stopped working because of COVID-19</li> <li>You could earn up to \$1000 per period and still keep benefit</li> <li>You were not eligible if you earned more than \$1000 during the period</li> </ul>	<ul style="list-style-type: none"> <li>You had a 50% reduction in your average weekly income compared to last year due to COVID-19</li> <li>You will have to reimburse \$0.50 of the CRB for every dollar of net income you earned above \$38,000 for the calendar year</li> </ul>	<ul style="list-style-type: none"> <li>You must have worked less than 50% of your scheduled work week</li> </ul>	<ul style="list-style-type: none"> <li>You must have worked less than 50% of your scheduled work week</li> </ul>
Apply	<ul style="list-style-type: none"> <li>My Account</li> <li>Automated Phone Line</li> </ul>	<ul style="list-style-type: none"> <li>My Account</li> <li>Automated Phone Line</li> </ul>		
Payments	<p>CRA service standards:</p> <ul style="list-style-type: none"> <li>3-5 business days by direct deposit</li> <li>10 business days by mail</li> <li>Many people received payments in 2 days by direct deposit</li> </ul>	<p>CRA service standards:</p> <ul style="list-style-type: none"> <li>3-5 business days by direct deposit</li> <li>10-12 business days by mail</li> <li>Payments will be made within these service standards</li> </ul>		

Note: In some cases, we may need to ask applicants for more information to verify their applications. It may take us up to 4 weeks to process the applicant's claim from the date we receive their complete response. Individuals who make intentionally fraudulent claims for the Canada Recovery Benefits may face consequences, such as penalties or possible jail time.

For more on these benefits and the application process visit [canada.ca/coronavirus](https://canada.ca/coronavirus).

# WARBURG ANNUAL CHRISTMAS BAZAAR

## IT'S HAPPENING!!!!

After careful consideration and consultations, we are ESCATIC to announce that we will be holding Warburg's Annual Christmas Craft Fair! As you all are aware, Covid-19 has made for some very trying times, and some major rethinking on if and how certain events can proceed. Because of this, enhanced Health Protocols will be in place for the Bazaar, and the number of Vendors will be limited, to ensure that physical distancing standards can be upheld. To book a table for your home based business or crafting/baked goods, please contact Tami at 780-848-2828 or fcss@warburg.ca. Tables are \$10.00 for one, \$20 for an additional table should they be available, and must be paid in advance to secure your spot! We will not be calling door prizes throughout the event, HOWEVER, we ask that each vendor donate one item of their choice to go into one large draw prize. Everyone who comes to the Bazaar to shop and donates an item or makes a cash donation to the Warburg Christmas Elves Program will receive an entry. The draw will be done at the end of the day—you do not have to be present in order to claim your prize!

One Shot Photography will also be on location, offering "Christmas" photo's for the kids! \$10.00 for one lightly edited digital print! Thank you to Michelle Wurban for using your creative vision to ensure that the Spirit of Santa will be at the Bazaar!!!

**DATE: NOVEMBER 28, 2020**

**TIME: 10 AM TO 2 PM**

**LOCATION: PIONEER  
RECREATION CENTER (HALL)**

## CALLING ALL SNOW ANGELS!



WE HATE TO BE THE BEARERS OF BAD NEWS, BUT THE SNOW IS COMING...AND WITH THAT, THE NEED FOR VOLUNTEERS. WE HAVE AN AMAZING SENIOR POPULATION WITHIN OUR COMMUNITY, WHO HAVE DONE SO MUCH FOR WARBURG, AND NOW IS THE TIME OF YEAR THEY NEED SOME ASSISTANCE IN RETURN. WE ARE LOOKING FOR VOLUNTEERS TO REGISTER FOR OUR SNOW ANGELS PROGRAM. IF YOU ARE WILLING AND ABLE TO HELP SENIORS WITH SNOW SHOVELLING THROUGHOUT THE WINTER SEASON, PLEASE CONTACT TAMI AT 780-848-2828 OR FCSS@WARBURG.CA WITH YOUR NAME AND PHONE NUMBER. WHEN A SENIOR CONTACTS TAMI LOOKING FOR ASSISTANCE, YOUR CONTACT INFORMATION WILL BE FORWARDED. THIS IS ALSO A GREAT WAY FOR YOUR TEENAGERS TO GET OUTSIDE, HELP THEIR NEIGHBORS, AND BOOST THEIR RESUMES THROUGH VOLUNTEER WORK!





# LIGHT UP WARBURG

November 27, 2020  
6:00 P.M. – 9:00 P.M.

*At the Warburg Community Park...*

6:00-8:30 pm – hot dogs, hot chocolate, and bonfire

6:30 – Visit from Santa HIMSELF!!!!

6:30-8:30 – Wagon Rides around town to see all the beautiful Christmas Lights

**\*\*All AHS protocols will be strictly adhered to and additional changes may occur as necessary, please be patient and understanding! \*\***

This event is Hosted by the Warburg Alliance Church, and made possible by generous donations from Leduc County and Epcor. If you are able to volunteer to assist in the setup, running, or cleanup of this event, please contact Cyndi at 780-718-4203. These family friendly and well-loved events can ONLY operate with the support of our Community lending a hand!!! Even if you only have an hour to spare, that hour will be graciously used!



## SUPPORTING RURAL MENTAL HEALTH

This past year has been challenging for many of us and our families, friends, neighbours and communities. A global pandemic, economic uncertainties, financial stress and many changes to our everyday routines has been a lot to deal with and can result in increased stress and feeling overwhelmed.

Stress can lead to anxiety, depression and even suicide. An important step in mental health is watching out for each other. Sometimes it can be hard to know what to do, and you may not be aware of the resources available that can help.

If you notice any of the following signs in your neighbours, family or friends, it may be time to reach out and offer help.

### Signs that someone may need help:

- ▶ consistently expressing sadness or hopelessness
- ▶ unable to concentrate or focus
- ▶ constantly exhausted
- ▶ unusual irritability

### How you can help:

- ▶ Ask the person what they need.
- ▶ Ask if they have someone they can talk to, such as a friend, spouse or doctor.
- ▶ Use the tips listed under *reducing stigma*, page 2.
- ▶ Contact Leduc County FCSS to learn more.

### How do you take care of your mental health?

- ▶ **When you are healthy?**
  - Practice self care.
- ▶ **When you are stressed?**
  - Manage your eating, sleeping and exercise.
  - Use coping strategies and minimize stressors.
  - Maintain relationships with strong social supports.
- ▶ **When you are struggling or injured?**
  - Seek professional help and talk to your social supports.
- ▶ **When you are in a crisis or ill?**
  - Seek professional help immediately.

### What is self-care?

- ▶ Putting yourself first.
- ▶ Learning and practicing techniques that can help reduce anxiety.
- ▶ Getting enough sleep.
- ▶ Reducing your caffeine intake.
- ▶ Learning and practicing daily relaxation methods to reduce physical symptoms of tension.
- ▶ Getting regular exercise and eating well.
- ▶ Identifying and challenging negative thought patterns.





## BIG NEWS FOR SMALL BUSINESSES...



### **Extended relief grants!!!**

**The Government of Canada has announced an investment of \$12 million to support Canada United Small Business Relief Fund.**

Small businesses are at the heart of our communities. They create good jobs, grow our economies and bring life to our main streets. But they have also been among the hardest hit during the COVID-19 Pandemic. As we continue to fight this virus, small businesses face further losses, increased costs to reopening and an uncertain economic future.

Canada United is a national fundraising campaign created by the Royal Bank of Canada (RBC) in collaboration with private sector partners and provincial and territorial Chambers of Commerce. The campaign has been rallying support from Canadians for local small businesses in every corner of the country.

### **Apply for the grant:**

Applications open October 26, 2020

Successful Applicants will receive a relief grant of up to **\$5,000** intended to support local businesses of all kinds from across the country (from retailers to barbershops to farmers.)

The relief grant can be used for any of the following eligible expenses:

- \*Purchased Personal Protective Equipment (PPE) such as masks, face shields, and latex gloves
- \*Renovated physical space to adhere to local, Provincial or Federal reopening guidelines.
- \*Developed or improved e-commerce capabilities for your business

For more information or to apply for the grant, please go to [www.gocanadaunited.ca/for-local-businesses](http://www.gocanadaunited.ca/for-local-businesses).

**"CRAFT FOR MOM & POP EVENT"**  
**DATE: DECEMBER 4, 2020**  
**TIME: 1—4 P.M.**  
**LOCATION: PIONEER RECREATION CENTER (HALL)**  
**COST: FREE—PRE-REGISTRATION REQUIRED**  
**MINIMUM PARTICIPANTS: 10**  
**MAXIMUM PARTICIPANTS: 45**

In lieu of the "Shop for Mom and Pop" event usually held in conjunction with the Warburg Light up, Warburg FCSS has partnered with the Leduc County Family Resource Network to offer a CRAFT for Mom and Pop afternoon! The kiddies are always so excited to have a gifts to place under the tree for their parents or guardians, and we want to help them create something special! This is a drop-off, preregistered FREE program. All AHS protocols will be adhered to. There will be hand sanitizer available at the event, and we require parents dropping off their children to sign a waiver prior to leaving the hall. Please register your child/ren with Tami at the Village office at 780-848-2828 or [fcss@warburg.ca](mailto:fcss@warburg.ca). Although there will be no charge for this event, any donations you wish to make to our annual Christmas Elves campaign would be greatly appreciated!



# **ATTENTION: ALL EVENT ORGANIZERS**



Good afternoon Municipal Leaders,

As leaders in your communities, you continue to play an important role in helping Albertans balance the realities of COVID-19. This includes promoting safety at events, such as religious gatherings, sporting tournaments and public meetings which can pose risk of COVID-19 spread but also benefit attendees emotionally, spiritually or physically.

We therefore ask that you share the following message with municipal staff, and those in your communities who organize and host public events.

As of October 26, organizers of events at which attendees are exposed to COVID-19 will be engaged by Alberta Health Services (AHS) in managing notification of event contacts.

If a positive case attended an event while infectious, AHS Public Health will now notify the organizer of the event, and provide that organizer with written notification that the organizer will be directed to email to all event attendees.

We will be asking event organizers to send these emails within 24 hours of us contacting them.

Previously, AHS Public Health was contacting all event attendees by phone. This change will improve the efficiency of the close contact notification process for events such as sports tournaments, weddings, church socials and other gatherings of 10 or more people.

If an event organizer can't support this more rapid email notification process, AHS Public Health will continue to conduct the contact tracing directly.

AHS Public Health will also continue to directly notify close contacts of cases who were exposed outside of any event, and of course: AHS will continue to directly contact all Albertans who test positive for COVID-19.

To support you in managing the risks associated with social, sporting and other events, we have established a new webpage containing pre- and post-event checklists, and other supports at [www.ahs.ca/events](http://www.ahs.ca/events).

As we continue to work together to reduce the risk of COVID-19 in Alberta, you are an important partner. We aim to keep you informed of changes that impact event organizers. As well as these direct communications, you can subscribe to AHS' weekly e-newsletter, *Together4Health Headlines*, which provides updates on public health measures, health services and other important information aimed at supporting Albertans during these challenging times. Email [community.engagement@ahs.ca](mailto:community.engagement@ahs.ca) to subscribe.

Thank you for your partnership as we continue to work together to help and support Albertans.



# Council Notes

**Council Notes:** *Complete Minutes are available on our Website once approved at the next month's council meeting.*  
**October 13, 2020 Minutes**

**Christmas Celebrations**

The Christmas Open House is scheduled for December 18th from 1:00 pm—4:00 pm at the Pioneer Recreation Centre with COVID protocols.

The Village Office will be closed for the holiday season from noon December 24th to December 28th and on January 1st.

**Subdivision & Development Appeal Board**

Mr. Rick Hart will be appointed as a member of the Subdivision & Development Appeal Board upon obtaining the qualified training.

**Right of Way Agreement**

A right of way agreement will be signed between the Village & the Warburg Cultural Society.

**Bylaw 175/20 to Amend Land Use Bylaw 90/08**

Bylaw 175/20 was moved by a first, second and third reading to amend Land Use Bylaw Section 42.3.1 allowing employment of no more than 2 non-resident employees for home occupations.

**Organizational Meeting & Special Meeting**

The Organizational Meeting & Special Meeting for policy review was scheduled for October 21st at 7:00 pm.

**Cultural Centre**

A letter of support was sent for the New Horizons for Seniors grant for floor renovations at the Cultural Centre for the Warburg Cultural Society.

\*\*\*\*\*

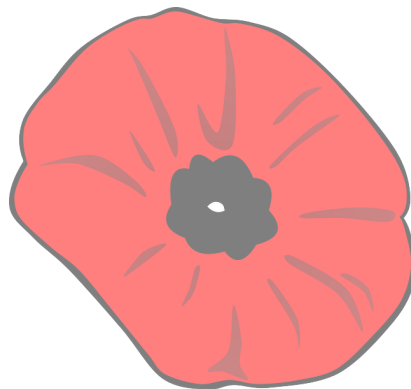
**Organizational Meeting**

The Warburg Village Council Organizational Meeting was held on Wednesday October 21st at which time Council re-elected Mayor Kevin Maine as Mayor for the following year. Deputy Mayor Tina Smith was re-elected as Deputy Mayor for the next year. In addition committees, representatives and directors were appointed to the various Village Boards. A complete listing is available in the Minutes which will appear on our website once approved at the November meeting.

\*\*\*\*\*

**Council Meetings**

Upcoming Regular meetings of Council will be held on Monday, November 9th @ 7:00 pm in the Municipal Office Basement. (please enter through back door) Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the **Monday** of the week prior to the meeting. Meetings are open to the Public. COVID restrictions are in place for the health & safety of Council and residents.



\*\*\*\*\*

**Lest We Forget**



# November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
		Quilting 10-2 Shinny 3:45-5:45	Senior's Center meeting 10:30 a.m.  Busy Brushes 10-2—Cultural Center Senior;s Cards 1-3 p.m.	Floor curling 1.4 p.m.  Family Skate 3:45-5:15 p.m.	Mother Goose 10:30-11:30	
8	9	10	11	12	13	14
Council Mtg 7p.m.	Quilting 10-2 Shinny 3:45-5:45	<b>Remembrance Day</b> <b>CEREMONY 10:30-12</b>  Busy Brushes 10-2—Cultural Center Ag Society mtg 7pm	PD Day Craft Floor Curling 1-4 p.m.  Family Skate 3:45-5:15 p.m.			
15	16	17	18	19	20	21
	Quilting 10-2 Shinny 3:45-5:45	Senior's Cards 1-3 p.m.  Busy Brushes 10-2 Cultural Center	Floor Curling 1-4 p.m. It's 5 o'clock some-where 5-10 pm  Family Skate 3:45-5:15 p.m.	Mother Goose 10:30-11:30		
22	23	24	25	26	27	28
	Quilting 10-2 Shinny 3:45-5:45  Legion Meeting	Senior's Cards 1-3 pm Busy Brushes 10-2 Cultural Center	Navigating Motherhood 1:30-2:30  Floor Curling 1-4 p.m.  Family Skate 3:45-5:15 p.m.	LIGHT-UP WARBURG 6-9 pm	CHRISTMAS BAZAAR 10-2pm	
29	30					
Legion Breakfast 8:30-11:30 \$7.00						