

WARBURG FCSS & RECREATION

We Miss you all!!!!



February 2021



THANK YOU

Our SINCEREST apologies to a very special business that was missed in our acknowledgements last month. To the **WARBURG VILLAGE MARKET**, who is an integral part of our annual Christmas Elves campaign; we truly could not offer our program without your dedication, hard work and assistance! From all of us, we thank you from the very bottoms of our hearts!

Family Day Weekend Contest!!!!

This month is host to the annual Family Day Long Weekend, and we want to engage ALL the families in and around Warburg!!! Although we cannot offer any live events, we would like to encourage everyone with access to cardboard, duct tape, paint, and a little imagination to participate in Warburg's First Annual CARDBOARD CUP!

The rules are as follows:

- 1) No materials are off limits—use whatever you can find!
- 2) No specific hill necessary—use the newly formed “Village Hill” located on the south end of the school field, or any hill on your property!
- 3) They can be single rider, or have space for your whole family!
- 4) Video your creation as it flies (or stumbles) downhill for your chance to win!
- 5) Send video via Facebook Messenger to

Warburg FCSS page

All entries will be judged by an independent judges panel ; prizes for: Most Creative, speediest, most colorful, largest, and MORE!

If you wish to preregister for this Contest, call Tami at 780-848-2828 and arrange for your hot chocolate and snack pack pick up—but don't fret if you don't call, you can still submit a video! Deadline for videos is Tues, Feb 16th. Winners will be announced by Friday Feb 19:D

HAPPY SLEDDING!!!



From Our Mayor

Village of Warburg 2020 review:

I would like to start with a big thank you to the citizens of the village. When this pandemic started, I believed you, the people of **the Village**, would come out stronger through your kindness and generosity. As the pandemic became part of our every day lives I saw neighbours helping neighbours, checking on each other, buying groceries picking up mail and many other random acts of kindness throughout **the Village**. The community came together in a time of need and continues to help in the fight against Covid-19.

When we rang in the new year of 2020, we were not prepared for how our world would change so much in such a short time. New Year's Eve 2019 we celebrated in our homes with friends and families or went out and celebrated in large crowds with total strangers or maybe just an intimate dinner with a loved one. However you rang in 2020 I'm sure your 2021 celebrations were not the same. Many events were cancelled or put off until 2021 but we still had some great things happen in the Village in 2020.

With the cancellation of seniors week it was decided to still host our annual dinner, albeit with a few changes. We went from holding this event inside with entertainment and socializing to a drive through meal with COVID protocols in place and door prizes handed out. This event was well attended which proves, as a community, we are able to adjust no matter what comes our way. Other events moved from in person to virtual and some were held in smaller groups. Canada Day was celebrated with a drive by parade.

We renovated the Village Office basement and welcomed a Nurse Practitioner into the Village. This was made possible by a Warburg/Thorsby Doctor Attraction Committee, the Leduc Beaumont Devon Primary Care Network, Village of Warburg and Leduc County. The Village supplies the office space for her to use, the PCN supplies the Nurse Practitioner and pays her wage through a provincial grant program and a big thank you to Leduc County for supplying financial support to hire an administrator; this allows her to see more patients. This clinic has become a great success and a great asset to the village. Our NP, Michelle Williams, is in Warburg Monday, Wednesday, Friday and the feedback has been nothing but positive.

With the help of a splash park committee fund raising, the Pioneer Ag Society applying for grant money and a large donation from a local long time resident the splash park was opened. The village looked after overseeing the building of the splash park, comfort station and 18 stall full hookup 50 amp breaker RV park. Money was taken from our Recreation and Village Enhancement reserves pools combined with grant money and donations to make this project possible. When the restrictions are lifted we will have a grand opening for the Mike Gidosh Spray Park and the Nurse Practitioner office. We installed a sign at another park that recognizes another long-time citizen of the Village. We have formed a Park and Trail Committee, to put in place a plan to develop the George Broadbent park along with the other undeveloped parks in the village. If you wish to become a member of this committee, stop at the Village Office for details.

We continued with our capital plans by paving and upgrading the roads and sidewalks at our Village core.

Through the help of the coal transition grant we have developed a plan for a light industrial park on land next to Highway 39. If you are interested in details, you can pick up a copy from the Village Office. We are also working on an economic development plan for the Village. Recently, there was a survey sent out in your water bills for your feedback on the direction you would like to see the Village proceed in.

Another project that came to completion in 2020 was our toboggan hill. The hill has been greatly received, we just need Mother Nature to cooperate and supply a little more snow. This project was made possible by three parties: the Black Gold School Division supplied the land, border paving supplied the time and equipment to build it and the Village supplied the dirt. This project was done at no cost to the taxpayers, just the time and generosity of others.

We have continued our great partnership with Leduc County. As I mentioned earlier, the county has supplied the money for the Nurse Practitioner administrator. We have come to an agreement on a regional sub division appeal board in 2020 and are in talks with the county and the municipalities within the county to develop a regional emergency plan. We are also in discussions with the county on how to better our fire department to best serve the county and village.

We did finish the year on a high note. Christmas Eve, Santa took time out of his busy schedule to tour our Village before continuing on his journey to deliver happiness to the rest of the world.

Looking forward to 2021 I would like to be able to greet people with a handshake and a smile. I would like to see our sports facilities filled with parents and grandparents watching their children and grandchildren compete. To be able to go to a concert or sporting event with total strangers and holler and cheer. To sit in church and belt out a hymn, whether you can sing or not. To visit our neighbours just to catch up and have a coffee. The big one for a lot of people is to be able to hug a loved one, visit a person in the hospital or visit our seniors in their homes. Back to normal, not what certain people are pushing as our new normal. Their new normal is causing way to much underlying pain that is causing our society long term effects.

In 2021, as mayor, I would like to see the second phase of the arena put in place. If this phase was tied into the curling rink with upgraded equipment I believe the long range savings would be endless. It would cut costs for both facilities and extend the curling season, also I believe it would improve the ice in the arena with the new technologies out there.

I would like to see us continue with the trail system and develop another one of our parks. We are looking for ideas. A few of the suggestions that have come forward are outdoor skating rink, BMX track, off lease dog park and skate park. If you have ideas contact the Village office.

You may have read recently in a newspaper article that the Village was strapped for cash. That is not true. Compared to other communities of our size we are above average. The village has no debt, and each year we add to reserve funds. The reserves are set up for emergencies and long term larger projects. When approached by organizations to fund projects we ask them to exhaust other means of funding such as grants that are available, that the village cannot access, also look for sponsors or donations. With this process it helps the village to maintain reserves, but allows us to leverage taxpayers dollars because a lot of grants are matching grants.

You may have heard that the provincial government is hiring a total of 500 new positions to help with rural crime. These are more boots on the ground with extra RCMP and more administrative staff so those officers can spend more time in the field. Something you may not know is a portion of this cost is being passed down to smaller communities. We, as the Village, already contribute to an extra administration position in the Thorsby detachment and we have also contributed to a School Resource Officer. We may have to take a look at how we allocate our police funding. As of January 1, 2021 we will be required to pay \$14,000.00 towards the new provincial program. The cost goes up in 2022, 2023 and by the year 2024 our portion of cost will be \$60,000.00. The Provincial Government is also talking of cutting our MSI funding by 25%. The MSI is funding that the provincial government gives municipalities to help with capital projects. At present we put our MSI money in reserves. It takes 4 years to get enough money to do paving and sidewalk projects. A 25% cut will put our ability to do capital projects even further out. With this in mind we, as council, need to find ways to continue with our 5 year capital project plan, maintain the Village services, continue giving cost of living raises to our staff and add another \$60,000.00 to an already tight budget without making huge tax increases.

The province has also changed how municipal elections are ran. You can now put your nomination papers in as of January 1st. This allows you to campaign for 10 months. The Village is always looking for Village citizens to run for Council. The last two terms we have not had an election. If you have a vision on where you would like the Village to go, run for Council. Fresh minds are always welcome. Another discussion has been on how the Mayor is elected. Right now, the public votes in the Council and the Council votes in the Mayor each year. If you would like the public to vote in the Mayor, contact the Village Office and voice your opinion for or against. 780-848-2841

On behalf of the Council and Village staff I would like to thank the citizens of Warburg for their continued trust and support in us and your patience with COVID-19.

Happy new year and may 2021 give you good health and prosperity.

Mayor Maine



Family Resource Network
leduc-county.com
780-979-2385 | frn@leduc-county.com

INFANT MASSAGE

Online

Do you know that touch is the sense that is most developed at birth and is our very first form of communication?

Infant massage provides parents of young babies with the opportunity to communicate love, comfort, care and support for their baby through the power of touch.

If you are a parent of a baby who is not yet mobile (not crawling or walking yet), join us online to learn about the benefits of infant massage, learn stroke that ease common childhood discomforts such as indigestion or teething, and also make some friends with other parents of young babies.

Date: Thursdays – January 21, 2020 to February 18, 2021
Time: 10:30 a.m. to 11:30 a.m.
Location: Online via Microsoft Teams
A link will be sent out to participants prior to the start of sessions
Registration starts: December 17th

To register for this program or for more information, call 780-979-2385 or email frn@leduc-county.com.



Leduc County | City of Beaumont | Town of Calmar | Town of Devon | Town of Thorsby | Village of Warburg



Family Resource Network
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780-979-2385 | frn@leduc-county.com

TEACH

Teaching Mental Health Literacy - Adolescent

Virtual

TEACH is an 8 week adolescent mental health program FOR adolescents. The program provides information support in identifying early warning signs, intervention and prevention strategies as well as the promotion of strong mental health.

- Session 1 - orientation for parents only.
- Sessions 2 to 8 - attended by youth only.

There is no cost for this program.

Date: Tuesdays, January 12 to March 2, 2021
Time: 6:30 p.m. to 8 p.m.
Location: Online via Microsoft Teams
A link will be sent out to participants prior to the start of sessions
Registration starts: Monday, January 4

Please note registration is required as there is limited space.

To register for this program or for more information, call 780-979-2385 or email frn@leduc-county.com.



Leduc County | City of Beaumont | Town of Calmar | Town of Devon | Town of Thorsby | Village of Warburg



Getting Comfortable with Risky Play Online workshop

While research is clear on the value of children taking reasonable risks as they play and explore the world, many adults are uncomfortable with such play and exploration. This session offers adults a chance to gain a deeper understanding of risky play's value, reflect on their own feelings about such play and see how risk-taking supports learning.

FEATURING JEFF JOHNSON OF PLAYVOLUTION HQ

Jeff Johnson provides early learning training and also creates digital content promoting play, child-led learning and caregiver self-care.



- ▶ **Date:** Feb. 11
- ▶ **Time:** 6:30 to 7:30 p.m.
- ▶ **Location:** online via Zoom
- ▶ **Spaces available:** minimum of 10 registrants, maximum of 100
- ▶ **Technology needed:** internet access by computer, laptop, tablet or smartphone
- ▶ **Register:** contact Eugena at [780-955-6421](tel:780-955-6421) or eugena@leduc-county.com.



Kokum's Bannock & Tea 10 week teaching sessions

January 6, 2021 – March 10, 2021

Wednesday's

2:00 pm – 4:00 pm

Topics include: Medicine Wheel teachings and how to include medicine wheel in everyday life

This is a registered program
Offered through Zoom

For more information and to
register contact

Delores Gladue

Creating Hope Society

(780) 477-7961 ext. 203

Or

(780) 655-4080

Leduc County Family Resource Network



Providing free supports and services for residents of Beaumont, Devon, Leduc County, Calmar, Thorsby and Warburg

Leduc County Family and Community Support Services (FCSS) is now a provincial Family Resource Network (FRN) hub.

Provincial FRNs deliver high quality prevention and early intervention services and supports for children aged 0 to 18.

Networks provide a range of services and supports that focus on strengthening parenting and caregiving knowledge, social support, coping and problem-solving skills, access to community supports and resources, improving child and youth development, building resiliency and fostering well-being.

FRN supports

Leduc County FRN offers the following supports, in addition to referrals for cultural supports through the Creating Hope Society of Alberta.

- ▶ **Home visitation:** long-term support, mentorship, and advocacy for pregnant women and/or parents with a baby less than one-year old; for "at risk" families.
- ▶ **Parent education:** information, referrals and parenting workshops such as Positive Discipline for Everyday Parenting, Circle of Security, Nobody's Perfect and Kids Have Stress Too. Participation is open to all community members.
- ▶ **Family support:** in-home support for "at risk" families who have children aged one to 18. We provide information about parenting

and child development, and connections to other supports in the community.

- ▶ **Developmental screens:** Leduc County FRN will provide the Ages and Stages questionnaire that is designed to help you monitor your child's physical, intellectual and emotional development at regular intervals for children two-to-60 months old.

Leduc County FRN

www.leduc-county.com/FRN

phone: 780-979-2385

email: frn@leduc-county.com





The Legacy Project: Let's Create Your Personal Narrative

Have you ever wanted to share a meaningful story about your life with others, but you haven't known where to start? Registering for this **two-part online workshop** will give you tips, tricks and techniques to help you put the pen to paper and create something meaningful and memorable for both yourself and others.

Open to seniors residing within Calmar, Thorsby, Warburg, New Sarepta, and rural Leduc County. No referral necessary.

FEATURING: Wendy Edey, Storyteller and Counselling Psychologist



- ▶ **Dates:** Fridays, Feb. 19 and 26
- ▶ **Time:** 10 to 11 a.m.
- ▶ **Location:** online via Zoom
- ▶ **Spaces available:** minimum of four registrants, maximum of 15
- ▶ **Technology needed:** participants will require internet access by computer, tablet or smart phone
- ▶ **Register:** please register by Feb. 5 by contacting Carla at [780-955-4554](tel:780-955-4554) or carla@leduc-county.com.



Financial Literacy

Join Leduc County FCSS for four webinars

In January and February, Leduc County Family and Community Support Services (FCSS), in partnership with The Credit Counselling Society, is hosting four webinars focused on financial literacy.

HOLIDAY MONEY HANGOVER

The party's over, the damage is done and it's hard to remember exactly what happened. This workshop is designed to help you get rid of holiday debt and encourage positive actions so it is never an issue again.

- ▶ **Date:** Jan. 12, 2021
- ▶ **Time:** 1 to 2 p.m.
- ▶ **Spaces available:** minimum of five registrants, maximum of 20
- ▶ **Register:** contact Lucille at 780-770-9254 or Lucille@leduc-county.com. A link will be sent to registered participants prior to the webinar.

ORGANIZING YOUR FINANCES IN ONE MONTH

Participants will learn what important documents they need to have, how to store them securely and how to create a "just in case something happens to me" sheet so their loved ones can take care of their affairs.

- ▶ **Date:** Jan. 19, 2021
- ▶ **Time:** 1 to 2 p.m.
- ▶ **Spaces available:** minimum of five registrants, maximum of 20
- ▶ **Register:** contact Lucille at 780-770-9254 or Lucille@leduc-county.com. A link will be sent to registered participants prior to the webinar.

INVESTMENT BASICS: MAKING THE MOST OF YOUR MONEY

Participants will learn about basic investments, including RRSPs, TFSA and RESPs. They will also learn about investment risks, fees and how to look for investment specialists. *This workshop is intended to provide resources and definitions, not investment advice.*

- ▶ **Date:** Feb. 9, 2021
- ▶ **Time:** 1 to 2 p.m.
- ▶ **Spaces available:** minimum of five registrants, maximum of 20
- ▶ **Register:** contact Lucille at 780-770-9254 or Lucille@leduc-county.com. A link will be sent to registered participants prior to the webinar.

THE TRUTH ABOUT CREDIT

Participants will learn about credit myths and facts about credit reports, credit ratings and credit scores along with strategies on how to protect or repair their credit.

- ▶ **Date:** Feb. 16, 2021
- ▶ **Time:** 1 to 2 p.m.
- ▶ **Spaces available:** minimum of five registrants, maximum of 20
- ▶ **Register:** contact Lucille at 780-770-9254 or Lucille@leduc-county.com. A link will be sent to registered participants prior to the webinar.



Need to talk? We can help!

Subsidized counselling service

Short-term preventative counselling supports people who are struggling with common, everyday issues. Leduc County Family and Community Support Services (FCSS) offers subsidy to residents of rural Leduc County, Calmar, Thorsby and Warburg to ensure everyone can afford the cost of counselling.

Counselling fees are determined on a sliding scale based on family income and family size. In order to be eligible for subsidy, your family income must be less than \$75,000 per year. Services are provided by local counsellors and are available in person, over the phone or virtually.

For more information and to be assessed for subsidy, call **1-800-379-9052 ext. 6421** or **780-955-6421**.



FREE Creative Connections activity kit for seniors and older adults

Do you know about all the services, supports and resources that are available to seniors and older adults who live in Leduc County, Calmar, Thorsby or Warburg? Are you looking for activities to keep you busy and connected to your family and friends while isolating at home?

Due to the ongoing covid-19 pandemic, there have been limited opportunities for seniors and older adults to access information on community resources. It can be difficult to get all of your needs met while you're staying home, and Leduc County Family and Community Support Services (FCSS) want to help!

Our **free Creative Connections activity kits** contain information on available programs and resources, which will help keep you informed, up-to-date and connected to services. The kits also have books and activities to promote conversations with others on a deeper level, encouraging new connections and deepening relationships with others.

If you are a senior or older adult aged 50+ who lives in Leduc County, Calmar, Thorsby or Warburg, call us at **780-979-2385** to register for an activity kit. **The deadline to call and register is Feb. 5.**

Supplies are limited and available on a first call, first received basis! Once registered, you'll be informed of your closest pick-up location.





ATTENTION



The Village of Warburg is committed to the health and safety of our community members. Adhering to the new province wide restrictions announced by the Provincial Government on December 13th please be advised that the following restrictions are currently in effect:

- * **Masks are mandatory for all indoor work places, unless you are separated from other staff/visitors**
- * **Social gatherings in ANY indoor setting is prohibited. Outdoor gatherings of up to ten people are permitted.**
- * **Places of Worship are restricted to 15% of their normal capacity, masking is mandatory**
- * **Festivals and events, including concerts, are prohibited.**

The Village of Warburg Office remains open. Masks are now mandatory for anyone wishing to enter. For more information, please go to the Alberta Government website.

FROM THE WARBURG PUBLIC LIBRARY






Curbside pickup and the van run are currently operational. The Library is currently otherwise closed to the public until the Provincial Government eases restrictions. We do not have a current date for reopening available. Please wear a mask, wash and sanitize your hands and observe social distancing and in 2021 we can visit with loved ones and be out together

We are looking for a new Board member to join our wonderful crew! Please contact Gail O'Neil at 780-848-2391 for more information!

New Canada Recovery Benefits – What to Expect

CERB from CRA – how it worked:

New Canada Recovery Benefits – how they will work:

	Canada Emergency Response Benefit (CERB)	Canada Recovery Benefit (CRB)	Canada Recovery Sickness Benefit (CRSB)	Canada Recovery Caregiving Benefit (CRCB)
 Benefit Periods	<ul style="list-style-type: none"> 4 week periods/ \$2000 - up to a maximum of 28 weeks Apply at the beginning of the period Payments issued at the beginning of the 4-week period Prospective (apply at start of period) Apply retroactively until Dec. 2, 2020 	<ul style="list-style-type: none"> 2 week periods \$1000 (\$900 after tax) Up to a maximum of 26 weeks 	<ul style="list-style-type: none"> 1 week periods \$500 (\$450 after tax) Up to a maximum of 2 weeks 	<ul style="list-style-type: none"> 1 week periods \$500 (\$450 after tax) Up to a maximum of 26 weeks per household
	<ul style="list-style-type: none"> Retroactive (apply after period has ended, payments issued after the period) Must apply within 60 days after period has ended 			
 Taxable	<ul style="list-style-type: none"> No taxes withheld on payments 	<ul style="list-style-type: none"> CRA will withhold 10% of benefit payment amount in taxes 		
 Earning While on Benefits	<ul style="list-style-type: none"> You had stopped working because of COVID-19 You could earn up to \$1000 per period and still keep benefit You were not eligible if you earned more than \$1000 during the period 	<ul style="list-style-type: none"> You had a 50% reduction in your average weekly income compared to last year due to COVID-19 You will have to reimburse \$0.50 of the CRB for every dollar of net income you earned above \$38,000 for the calendar year 	<ul style="list-style-type: none"> You must have worked less than 50% of your scheduled work week 	<ul style="list-style-type: none"> You must have worked less than 50% of your scheduled work week
 Apply	<ul style="list-style-type: none"> My Account Automated Phone Line 	<ul style="list-style-type: none"> My Account Automated Phone Line 		
 Payments	<p>CRA service standards:</p> <ul style="list-style-type: none"> 3-5 business days by direct deposit 10 business days by mail Many people received payments in 2 days by direct deposit 	<p>CRA service standards:</p> <ul style="list-style-type: none"> 3-5 business days by direct deposit 10-12 business days by mail Payments will be made within these service standards 		

Note: In some cases, we may need to ask applicants for more information to verify their applications. It may take us up to 4 weeks to process the applicant's claim from the date we receive their complete response. Individuals who make intentionally fraudulent claims for the Canada Recovery Benefits may face consequences, such as penalties or possible jail time.

For more on these benefits and the application process visit canada.ca/coronavirus.

Please reach out if you are feeling...

- *anxious
- *depressed
- *hopeless
- *alone
- *frantic
- *sleepless

Or any other sign that you may be mentally strained or exhausted. This FREE program is here for ALL Canadians, suffering from a broad range of Mental Health/Illness challenges. Don't avoid asking for help because "I shouldn't be struggling" or "others have it worse"; this resource is free, confidential and is there for the sole purpose of helping each individual Canadian through the toughest time in a generation.

What is Wellness Together Canada?

Wellness Together Canada is a partnership among Stepped Care Solutions, Kids Help Phone, & Homewood Health. It is a "one-stop shop" portal/website offering a wide range of e-mental health and substance use services and supports **at no cost to Canadians.**

WTC is funded by Health Canada and was created as a response to the mental health and substance use needs of Canadians in the wake of COVID-19.

→ What Is Included?

Wellness Together Canada is designed from a Stepped Care model which provides a variety of mental health and substance use resources.

→ Services Include

- Immediate crisis support
- Print and video information on mental health and substance use issues
- Mental health self-assessment and monitoring
- Access to self-directed virtual programs
- Moderated peer to peer support
- Virtual group coached anxiety program
- E-courses on mental health and substance use
- Drop-in mindfulness class
- Substance use supports (Togetherrall, All People, All Pathways & Breaking Free; Wellness)
- Access to counselling support by phone or text

Individuals can **Sign In and Create an Account**. Creating an account provides the opportunity to check in on how your mental wellness is progressing.

- Track your well-being through on-going self-assessment
- Sign up for regular notices on a phone or computer to do a check in self-assessment
- Get results on a graph that shows how you're doing over time

→ Free Counselling

WTC Offers free live counselling by phone, text, or video, 24 hours a day.

Wellness Together Canada offers FREE and confidential supports to all Canadians. Get Access to credible FREE mental health and substance use resources and supports at no extra cost!

Struggling With Your Mental Health Or Substance Use?

Not sure where to start or which resources will help you? Speak to a Program Navigator: 1-866-585-0445

Wellness Together Canada offers FREE and confidential supports to all Canadians

Take the first step

Resources Available

- Self-directed Resources
- Group Coaching
- Community of Support
- Peer Support Substance Use Group
- iCBT
- Access to Self-Assessment
- Counselling

Not ready for a tailored support or to create your own account?

WELLNESS TOGETHER
Canada | Mental Health and
Substance Use Support

No problem! Get direct access to educational resources, e-courses, free text support, and free counselling with a mental health professional.

Wellness Together Canada is a partnership among Stepped Care Solutions, Kids Help Phone, & Homewood Health. WTC is funded by Health Canada and was created as a response to the mental health needs of Canadians in the wake of COVID-19.

wellnesstogether.ca

Why Create an Account on Wellness Together Canada?



It's FREE! And it gives you the opportunity to check in on your mental wellness and get access to a whole range of mental health and substance use resources



Track your well-being through on-going self-assessment



Sign up for regular notices on your phone or computer

Get your results on a graph to show how you've been doing



Helps you keep track of the tools you use through the site

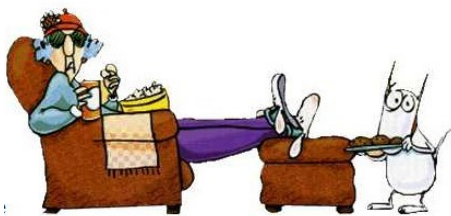


Access to a curated list of FREE mental health and substance use resources, group coaching and community of support, and counselling



Your privacy is important to us. The information you provide on this site belongs to you and is kept private and confidential.

Take the first step and start your wellness journey today!



FROM THE WARBURG SENIORS CENTRE...

- QUILTING - Tuesdays at 10:00 a.m.
- CARDS - Wed 1-3 p.m. \$2.00 drop in free
- bring your own snacks and beverages
- FLOOR CURLING - Thursdays from 1-4 pm at the Hall

THANK YOU one and all from Young at Heart Quilters , Warburg! Without your support we would not have reached our goal!

We were able to raise and donate \$1000.00 to Tami@ FCSS for the Solar Crosswalk at the Park Crossing!

The Raffle drawing was done by Tami, in the presence of two witnesses, and the winners are:

- #1: Quilt—Connie Knonschanabl, Thorsby
- #2: Quilt—Travis Schneider, Drayton Valley
- #3: Table Runner—Chelsea Gruninger, Beaumont
- #4: Horse Print Pillows—Ashley Williamson, Sunnybrook

CONGRATULATIONS, WINNERS!



Your Nurse Practitioner

Your healthcare team

- Nurses • Dietitians • Exercise Specialist
- Mental Health Therapists
- Behavioural Health Consultants

Collaborative care in:

- diabetes management • tobacco cessation
- weight management • mental health
- geriatric consultation • referral coordination
- exercise prescriptions • health education classes
- after-hours clinics in Leduc & Beaumont
- specialists clinics



Monday, Wednesday, Friday 9:00 a.m. - 4:00 p.m.
Closed 12:00 p.m. - 1:00 p.m.

Phone: 825-320-3000
www.lbdpcn.com

5212 - 50 Avenue, Warburg
Located in the Village of Warburg
office basement, parking in rear



Volunteers needed

Income tax filing coach

Leduc County Family and Community Support Services (FCSS) is looking for volunteers to fill the role of income tax filing coach.

This spring, FCSS will host virtual tax clinics called **Supported Self-File Clinics**. A coach will assist people with simple tax situations to learn to prepare and file their own income tax returns using online tax filing software.

Volunteer coaches will need to register as a volunteer with Canada Revenue Agency (CRA) and provide a clean criminal record check.

If you are skilled with filing simple income tax returns, are comfortable with technology, and would like to become a volunteer, contact Eugena at **780-955-6421** or eugena@leduc-county.com.



Get support. Take control. Feel better.

If you're struggling to cope, you don't have to do it alone. Togetherall offers a safe, and anonymous community to connect from anywhere, at any time.

A free, online community for 24/7 mental health support.

REGISTER TODAY

HOW CAN WE HELP?

 <p>Community</p> <p>Share anonymously and get support from others like you. Accessible 24/7, our site is run by registered mental health practitioners.</p>	 <p>Courses</p> <p>Find courses specific to your concerns. Learn how to manage your mental health and feel better.</p>	 <p>Resources</p> <p>Access a variety of free articles, tests, and techniques to take control of your wellbeing.</p>
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WHY USE TOGETHERALL?

- Members interact anonymously so you're free to share without fear.
- Togetherall's community is accessible and active 24/7 by phone, computer or tablet.
- 24/7 moderation ensures that the community remains safe and supportive.

“Togetherall gave me a place to feel safe, everyone was so supportive, it helped me through a difficult time.”

LEARN MORE

16+ Free to all Albertans, register at: togetherall.com
Or learn more at: ahs.ca/virtualmentalhealth



*We may share information we hold about you in circumstances of risk, where we may refer you to emergency services or to any health care professional or your commissioning institution to protect your welfare or the welfare of others.

CALLING ALL SNOW ANGELS!



WE HATE TO BE THE BEARERS OF BAD NEWS, BUT THE SNOW IS COMING...AND WITH THAT, THE NEED FOR VOLUNTEERS. WE HAVE AN AMAZING SENIOR POPULATION WITHIN OUR COMMUNITY, WHO HAVE DONE SO MUCH FOR WARBURG, AND NOW IS THE TIME OF YEAR THEY NEED SOME ASSISTANCE IN RETURN. WE ARE LOOKING FOR VOLUNTEERS TO REGISTER FOR OUR SNOW ANGELS PROGRAM. IF YOU ARE WILLING AND ABLE TO HELP SENIORS WITH SNOW SHOVELLING THROUGHOUT THE WINTER SEASON, PLEASE CONTACT **TAMI AT 780-848-2828 OR FCSS@WARBURG.CA** WITH YOUR NAME AND PHONE NUMBER. WHEN A SENIOR CONTACTS TAMI LOOKING FOR ASSISTANCE, YOUR CONTACT INFORMATION WILL BE FORWARDED. THIS IS ALSO A GREAT WAY FOR YOUR TEENAGERS TO GET OUTSIDE, HELP THEIR NEIGHBORS, AND BOOST THEIR RESUMES THROUGH VOLUNTEER WORK!



SERVICE CANADA

READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work. If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl>

1-800-206-7218

If you require assistance accessing services, please complete an e-Service request form at [Canada.ca/service-canada-e-service](https://www.canada.ca/service-canada-e-service). An agent will contact you within two business days to assist you or to schedule an appointment.

CANADA RECOVERY BENEFIT (CRB)

The CRB provides \$500 per week for up to 26 weeks for workers who have stopped working or had their income reduced by at least 50% due to COVID-19, and who are not eligible for Employment Insurance (EI). Applications will open on October 12.

<https://bit.ly/210Ub5d>

1-833-966-2099

CANADA RECOVERY SICKNESS BENEFIT (CRSB)

The CRSB provides \$500 per week for up to a maximum of two weeks, for workers who:

- Are unable to work for at least 50% of the week because they contracted COVID-19
- Are self-isolated for reasons related to COVID-19
- Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.

<https://bit.ly/36zGjZH>

1-833-966-2099

CANADA RECOVERY CAREGIVING BENEFIT

The Canada Recovery Caregiving Benefit (CRCB) provides \$500 per week for up to 26 weeks per household for workers. The CRCB gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care.

<https://bit.ly/2F8YxXm>

1-833-966-2099

SOCIAL INSURANCE NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK>

1-866-274-6627

Not sure if you need to repay the Canada Emergency Response Benefit? Go to [Canada.ca/repay-cerb](https://www.canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)
If you do not have access to the internet and require assistance accessing services, please contact us at: Western Provinces and Territories: 1-877-631-2657

SERVICE CANADA

READY TO HELP — BUSINESSES



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



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CANADA EMERGENCY WAGE SUBSIDY (CEWS)

We are covering up to 65% of an employee's wages for qualifying eligible employers, with this subsidy rate in effect until December 19, 2020. The wage subsidy supports you to keep and re-hire your employees and avoid layoffs. The CEWS is available until June 2021.

<https://bit.ly/2T0cKJl>

Application Guide:

<https://bit.ly/3braSuj>

FAQ – Technical Guide:

<https://bit.ly/2Anxbs8>

WORK-SHARING PROGRAM

We are extending the maximum duration of the Work-Sharing program from 38 weeks to 76 weeks for employers affected by COVID-19.

<https://bit.ly/2Czw9f5>

EDSC.DGOP.TP.REP.RES.WS.POB.ESDC@servicecanada.gc.ca

1-800-367-5693 (TTY: 1-855-881-9874)

CANADA EMERGENCY RENT SUBSIDY (CERS)

The Canada Emergency Rent Subsidy (CERS) provides a direct and easy-to-access rent and mortgage subsidy of up to 65% of eligible expenses to qualifying businesses, charities and non-profits. The subsidy rates are in effect until December 19, 2020. This support is available directly to tenants.

<https://bit.ly/3pSsQdB>

CANADA SUMMER JOBS

We made temporary changes to the Canada Summer Jobs program to allow employers to:

- receive an increased wage subsidy, so that private and public sector employers can also receive up to 100 per cent of the provincial or territorial minimum hourly wage for each employee;
- extend the end date for employment to February 28, 2021;
- adapt their projects and job activities;
- hire staff on a part-time basis.

The call for applications for the 2020 season is now closed.

<https://bit.ly/35Sgulk>

1-800-935-5555 (TTY: 1-800-926-9105) or your funding representative

DID YOU KNOW?

There's an interactive tool to help you find the COVID-19 support you need for your business:

[Innovation.canada.ca](https://www.innovation.canada.ca)

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)

SERVICE CANADA

READY TO HELP — YOUTH



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



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<https://bit.ly/368vygl>

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CANADA STUDENT LOANS PROGRAM (CSLP)

We made changes to the Canada Student Loans Program (CSLP) to allow more students to qualify for support and be eligible for greater amounts. Learn more about Canada Student Grants and Loans:

<https://bit.ly/2WzEVB>

MENTAL HEALTH SUPPORT

We are giving \$7.5 million in funding to Kids Help Phone to provide young people with the mental health support they need during this difficult time.

[Kidshelpphone.ca](https://www.kidshelpphone.ca)

1-800-668-6868

JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:

<https://bit.ly/2YWXod9>

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SERVICE CANADA

READY TO HELP — SENIORS



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REGISTERED RETIREMENT INCOME FUNDS

We reduced the required minimum withdrawals from Registered Retirement Income Funds (RRIFs) by 25 per cent for 2020.

<https://bit.ly/3bstRtv>

SOCIAL INSURANCE NUMBER

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<https://bit.ly/3mCINMK>

1-866-274-6627

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Family Resource Network
leduc-county.com
780-979-2385 | frn@leduc-county.com

CIRCLE OF SECURITY

Online

The Circle of Security is a relationship based early intervention program designed to enhance attachment security between parents and children. Decades of university-based research have confirmed that secure children exhibit increased empathy, greater self-esteem, better relationships with parents and peers, enhanced school readiness and an increased capacity to handle emotions more effectively when compared with children who are not secure.

Date: **Wednesdays, February 3 to March 24, 2021**
Time: **1:30 p.m. to 3 p.m.**
Location: **Online via Microsoft Teams or Zoom**
A link will be sent out to participants prior to the start of sessions
Registration starts: **Monday, January 11**

Please note registration is required as there is limited space.

To register for this program or for more information, call 780-979-2385 or email frn@leduc-county.com.



Leduc County | City of Beaumont | Town of Calmar | Town of Devon | Town of Thorby | Village of Warburg



OSKAYA AYAMICHIKEWAK Young Readers Program

Need new books for your child?

We have partnered with Dolly Parton's Imagination Library to bring young Métis readers a **FREE BOOK** every month!

This program promotes early literacy and paves the way for a lifelong love of reading. Simply fill out the form at albertametis.com/programs-services/cfs or pick up a hard copy at your local MNA office, fill it out, and mail it in to start receiving your books.

Parent/Guardian applicant or child must be an MNA citizen.
Children must be 0 – 5 years old to qualify.

Have questions? Email mnacfs@metis.org today!



Métis Nation of Alberta - Provincial Office
Delia Gray Building - 11738 Kingsway Avenue - Edmonton
780-455-2200 - 1-800-252-7553 - albertametis.com

[@abmetis](https://www.facebook.com/abmetis) [@allbertametis](https://www.instagram.com/allbertametis)



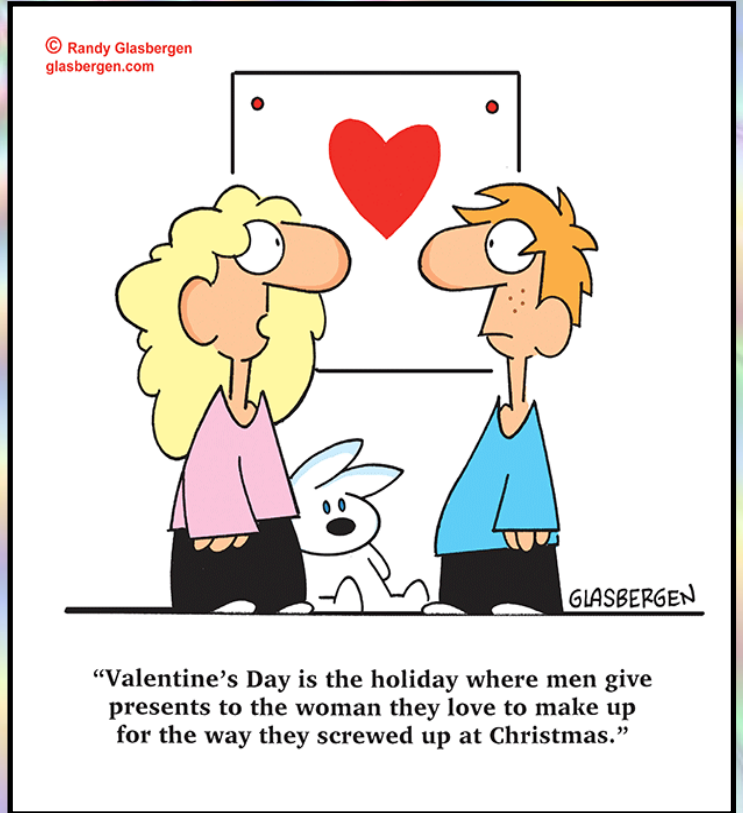
VILLAGE OF WARBURG

WARBURG 2021 COMMUNITY GUIDE

We are revamping our Community Guide! This is an incredibly useful guide for both newcomers and long term residents of Warburg. Included in the guide is the most frequently inquired about bylaws, an introduction to all of our Council and Village Staff. As well, we are trying to ensure we include all relevant community groups and organization, and highlights of local businesses and the services they provide. This is where we need your help! If you are a member of any local group/organization, or part of a local business, please contact Tami at 780-848-2828 or fcss@warburg.ca to provide updated information for your group! Please be advised that only businesses with an active business license to operate within the Village of Warburg will be advertised. As well, if you have any photographs that highlight some of the things that make our community special, we would love to see them! We are hoping to include as many photos within the new guide as possible.



February Funnies...





Council Notes

Council Notes: *Complete Minutes are available on our Website once approved at the next month's council meeting.*

Business Licence, Dog & Cat Licence are now Overdue!!!

Business Licenses—Reminder that business license renewals were due January 31, 2021. To avoid incurring a fine please submit your application to the Village Office.

Dog & Cat Licenses—Reminder that dog and cat license renewals were due January 31, 2021. To avoid incurring a fine, please submit your license renewals to the Village Office.



Want a say in planning parks and trails within our community? Join our Trail Club Committee.

Next meeting February 11, 2021, 6:30 p.m. in Village Office basement meeting room.



Village Bucks

Village administration will administer a Village Bucks program where businesses and individuals will be able to purchase Village Bucks to be used at participating Village businesses. This will give residents and businesses the opportunity to support our local businesses through the use of our local Village “currency”.

Village Burn Pile

Please only take burnable debris to the burn pile such as tree limbs/branches, burnable garden debris, non-treated wood products. Other items such as mattresses are not to be placed on the burn pile and should be taken to the dump. Future violations of non-burnable items being placed on the burn pile will result in the area being locked. Your co-operation would be greatly appreciated!



Council Meetings

Upcoming Regular meetings of Council will be held on Monday, February 8 and February 22 @ 7:00 pm in the Municipal Office Basement. (please enter through back door) Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the **Monday** of the week prior to the meeting. Meetings are open to the Public. COVID restrictions are in place for the health & safety of Council, staff and residents.



February 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		Leduc County— TEACH Mental Health Literacy Creative Connections Heart Art	Leduc County Kokums Bannock & Tea 2-4pm Leduc County Circle of Security 1:30-3pm	Leduc County Infant Massage 10:30-11:30am Creative Connections- Friendship bracelets	Leduc County Deadline to register for Older Adult Creative Connection kits	
7	8	9	10	11	12	13
	Council Mtg 7p.m.	Leduc County— TEACH Mental Health Literacy Investment Basics 1- 2pm Creative Connections LOVE Painting	Leduc County Kokums Bannock & Tea 2-4pm Leduc County Circle of Security 1:30-3pm	Infant Massage 10:30-11:30am Getting Comfortable with Risky Play 6:30-7:30pm Creative Connections Valentine's Experiment		
14	15	16	17	18	19	20
		Leduc County— TEACH Mental Health Literacy 6:30-8pm Cardboard Cup Video Submissions due Truth About Credit Creative Connections Bird Feeders	Leduc County Circle of Security 1:30-3pm Kokums Bannock & Tea 2-4pm	Leduc County Infant Massage 10:30-11:30am Creative Connections Snow Volcanoes	Leduc County The Legacy Project 10-11 am	
21	22	23	24	25	26	27
	Council Mtg 7p.m.	Leduc County— TEACH Mental Health Literacy 6:30-8pm Creative Connections DIY Snowshoes	Leduc County Circle of Security 1:30-3pm Kokums Bannock & Tea 2-4pm	Creative Connections Ice Hockey Craft	Leduc County The Legacy Project 10-11 am	
28						