

# WARBURG FCSS & RECREATION



# MARCH

# 2021



Councillor Ivan Laing



HOW MANY GOLD COINS DID LEPROCHAUN LAING HIDE IN THIS NEWSLETTER? EMAIL TAMI YOUR ANSWER FOR A CHANCE TO WIN A SMALL TOKEN OF APPRECIATION!



# THANK YOU

## Family Day Weekend Contest!!!!

A most sincere thank you to all of the families who participated in the FIRST ANNUAL WARBURG CARDBOARD CUP! We hope you guys had as much fun building your masterpieces as we had watching the videos!! And now... (drum roll....) for our winners!!!!

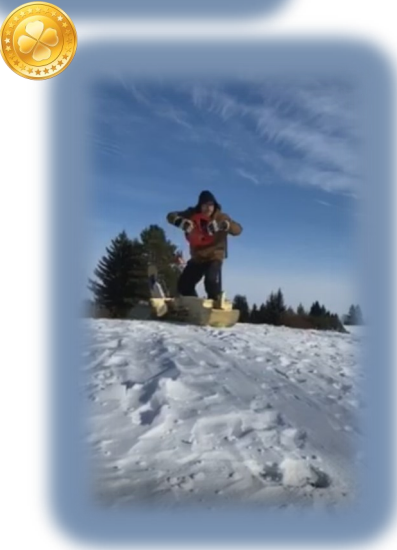


**MOST CREATIVE DESIGNS:** Connor, Rowynn & Faerynn Laing

**MOST ABLE TO TRANSPORT SMALL LIVESTOCK TO THE BOTTOM OF THE HILL:** Kayleigh Schoepp

**STURDIEST/MOST ACCURATE STEERING:** Caleb & Isaac Bredenhof

Thank you to all the kiddies, and their apprentices (parents) for engaging with us and hopefully making some fun memories in the process!!! Winners receive a gift bag with a \$20 Warburg Bucks voucher to be used at participating businesses around town!!!





# TO ALL OF OUR AMAZING VOLUNTEERS...

We have NOT forgotten about you! Last year’s celebrations were unfortunately cancelled as we were in the beginning stages of what ended up being so much larger than we think most of us could have anticipated. Although this pandemic is far from over, the light is beginning to show at the end of the tunnel. As I’m sure you all are used to by now, the uncertainty of the future and what regulations may or may not be in place, we are not able to announce exactly WHAT this year’s Volunteer Appreciation Event is going to look like, but we are committed to offering the very best that we can within the guidelines we are given! VOLUNTEER APPRECIATION WEEK falls on April 18-24 this year, and on April 24th we will be offering a small scale celebration ceremony to honor our newest recipients, as well as our last year’s award winners that we were unable to congratulate in person. The dinner and entertainment portion of our celebration will be held at a TBD date, more than likely in our beautiful Community Park! Details will follow ; stay tuned to the Warburg FCSS page and upcoming newsletters for more information!!!

ALSO....This announcement serves as official notice that Nominations are OPEN for the 2021 Volunteers of the year! We know that these past 12 months, volunteer opportunities have been few and far between, but that hasn’t stopped our wonderful community members from lending a hand whenever and wherever they were needed. Whether it was bringing hot meals to a neighbor who was isolating, checking in with seniors to make sure they had all of their basic needs met, or attending virtual meetings for their community group while trying to navigate the ever-changing landscape of what we can/cannot do, we want to hear about our Communities’ shining stars! Please drop off your nomination forms at the Village Office, or email Tami at [fcss@warburg.ca](mailto:fcss@warburg.ca). Nominations will be accepted until March 26!



I hereby nominate \_\_\_\_\_ as an outstanding volunteer within the community of Warburg. HERE is why!!!:

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## Getting to Know Your Grief

### Online support group

Have you experienced the loss of a loved one? Join Leduc County Family and Community Support Services (FCSS) for a free online grief support group where you will learn about the nature of the grief process, emotion and healing. This will be a safe space to support one another by honouring our emotions and sharing our stories.

This is a registered group that will be held virtually (online) through a secure video meeting platform. This program is hosted in partnership with Karunia Counselling; sessions will be facilitated by a Registered Psychologist and a Registered Social Worker.

For more information or to register contact Eugena at **780-955-6421**. This program is open to residents of Calmar, Thorsby, Warburg, New Sarepta and rural Leduc County.

- ▶ **Dates:** Mondays, March 1, 8, 15, 22, 29, April 12, 19 and 26
- ▶ **Time:** 6 to 7:30 p.m.
- ▶ **Technology needed:** participants will require internet access by computer, laptop or smartphone.
- ▶ **Register:** please register by contacting Eugena at **780-955-6421** or [eugena@leduc-county.com](mailto:eugena@leduc-county.com).



## Children in Change Online program

Has your child experienced a difficult change in their life? This group is designed for children aged 8 to 11 who have experienced a parental separation or divorce and will be facilitated by a registered social worker. The sessions provide an opportunity for children to interact with peers who have had similar challenges, share their thoughts and feelings in a safe online environment and learn strategies for coping with change.

- ▶ **Dates:** Tuesdays, March 9, 16, 23, 30
- ▶ **Time:** 6:30 to 7:30 p.m.
- ▶ **Location:** online via Zoom
- ▶ **Spaces available:** minimum of five registrants, maximum of 10
- ▶ **Technology needed:** internet access by computer, laptop, tablet or smartphone
- ▶ **Register:** contact Eugena at **780-955-6421** or [eugena@leduc-county.com](mailto:eugena@leduc-county.com).



## Supporting Your Child Through Grief, Loss and/or Parental Separation

### Online program

Has your child experienced the loss of a loved one or parental separation or divorce? Learn strategies to support your child's development and help them cope with difficult situations.

- ▶ **Dates:** Tuesday, March 2
- ▶ **Time:** 6:30 to 8:30 p.m.
- ▶ **Technology needed:** participants will require internet access by computer, laptop or smartphone.
- ▶ **Register:** please register by contacting Eugena at **780-955-6421** or [eugena@leduc-county.com](mailto:eugena@leduc-county.com).



## Conversations with your doctor Navigating the healthcare system as you age

Recognizing and understanding the discussions you need to have with your healthcare team, as well as navigating your way through the health care system are not always easy tasks. Have you ever wondered if you are

making use of the health and medical services available to you, or do you have questions?

as they address these complex questions and concerns.

Join the Leduc Eldercare Consultation Team comprised of Carla Moore (Geriatric Nurse) and Doctor Trevor Byers (Care of the Elderly Physician)

*Open to all adults 50+, residing within Calmar, Thorsby, Warburg, New Sarepta, rural Leduc County, and the City of Leduc. No referral necessary.*

- ▶ **Date:** Wednesday, March 10
- ▶ **Time:** 1:30 to 2:30 p.m.
- ▶ **Spaces available:** minimum of 10 registrants, maximum of 25
- ▶ **Technology needed:** internet access through a smart phone, tablet or computer. If internet access is not available, participants can attend the meeting through a call-in option. Note, the quality of information delivered will be impacted.
- ▶ **Register:** please register by March 1 by contacting Carla at **780-955-4554** or [carla@leduc-county.com](mailto:carla@leduc-county.com).





## Caregivers mini conference

Leduc County FCSS online event

Do you identify as a caregiver to an elderly family member, friend or spouse? Join Leduc County Family and Community Support Services (FCSS) for a four-hour mini-conference with an expert panel of presenters:

- ▶ Caregivers Alberta
- ▶ Alzheimer Society of Alberta Northwest Territories
- ▶ Medscheck Pharmacy

The presenters will guide you through different services and resources available to assist you in your journey. There will be 10 minute breaks between sessions as well as a half hour Q&A period after the last presentation.

Open to anyone who identifies as a caregiver to an older adult or senior, residing within Calmar, Thorsby, Warburg, New Sarepta, and rural Leduc County. No referral necessary.

- ▶ **Date:** Friday, March 12
- ▶ **Time:** 8:30 a.m. to 12:30 p.m.
- ▶ **Spaces available:** minimum of five registrants, maximum of 20
- ▶ **Technology needed:** internet access through a smart phone, tablet or computer. If internet access is not available, participants can attend the meeting through a call-in option. Note, the quality of information delivered will be impacted.
- ▶ **Register:** please register by March 1 by contacting Carla at [780-955-4554](tel:780-955-4554) or [carla@leduc-county.com](mailto:carla@leduc-county.com).



## Living Library

Unpacking men's mental health: online program

Human beings are like books: they contain stories and wisdom far beyond their covers or outward appearances. Meet four men who have something to share about mental health and overcoming life's challenges. There is a lot of pressure on men to be strong, perform and suppress their emotions, but no one is immune to stress and everyone has struggles. It's time to change the way we think and create safety for men to talk about their emotions and embrace the connection that we all require. All genders are welcome to attend.

This program is open to residents of Beaumont, Calmar, Thorsby, Warburg, New Sarepta and rural Leduc County.

- ▶ **Date:** Thursday, March 25
- ▶ **Time:** 6:30 to 8:30 p.m.
- ▶ **Technology needed:** participants will require internet access by computer, laptop or smartphone.
- ▶ **Register:** please register by contacting Eugena at [780-955-6421](tel:780-955-6421) or [eugena@leduc-county.com](mailto:eugena@leduc-county.com).



## Men's Health and Wellbeing

From lost to a life beyond limits: online program

Society is changing. More and more every day, the context and framework of our world shifts and changes at an ever-accelerating pace. This rapid transformation has left many men feeling lost, disconnected from their purpose and short of resources to fully and effectively navigate life. Fortunately, as with all change, there is great opportunity for us to find new and more meaningful ways to be, to contribute and to belong.

### FEATURING DOLPHIN KASPER



In this online webinar, Dolphin Kasper will provide a context and reference point for the role of man in a healthy and balanced society. Through discourse, exercises, storytelling and frank discussion, Dolphin will invite attendees to take stock of their pasts, learn to reframe and see more clearly their present and begin to uncover the full potential of their future. The conversations and content will cover purpose, power, resilience, happiness, belief, limitation, strength, growth and significance from a man's perspective.

Whether you're struggling with powerful emotions, debilitating self-doubt or a loss of direction and purpose in your life, this webinar will be a place to be safe, be honoured and be supported in coming back to your love of life and what you're here to give to the people and places you call home.

- ▶ **Date:** Thursday, March 11
- ▶ **Time:** 7 to 8:30 p.m.
- ▶ **Technology needed:** participants will require internet access by computer, laptop or smartphone.
- ▶ **Register:** please register by contacting Eugena at [780-955-6421](tel:780-955-6421) or [eugena@leduc-county.com](mailto:eugena@leduc-county.com).

For more information or to register contact Eugena at [780-955-6421](tel:780-955-6421). This program is open to residents of Beaumont, Calmar, Thorsby, Warburg, New Sarepta and rural Leduc County.



# ATTENTION: WARBURG KIDS!!!

Warburg Public Library and FCSS NEED your help!!!!!! We have all these fun kits to do and are looking for some BORED kids to bring them home to craft! IF this sounds like something up your alley, come visit the Village Office and pick up your Craft-to-go bags! The following kits will be available:



**March 2-12: "Build your own Rainbow!!"**



**March 16-24: Easter-avaganza Craft!!**

**March 23-26: Spring Break "Create your own fun kits"**

**April 6-16: Build your own Birdfeeder**



Mayor Kevin Maine



**Need to talk? We can help!**

**Subsidized counselling service**

Short-term preventative counselling supports people who are struggling with common, everyday issues. Leduc County Family and Community Support Services (FCSS) offers subsidy to residents of rural Leduc County, Calmar, Thorsby and Warburg to ensure everyone can afford the cost of counselling.

Counselling fees are determined on a sliding scale based on family income and family size. In order to be eligible for subsidy, your family income must be less than \$75,000 per year. Services are provided by local counsellors and are available in person, over the phone or virtually.

For more information and to be assessed for subsidy, call **1-800-379-9052 ext. 6421** or **780-955-6421**.



**Supported Self-File Tax Program**  
Learn to prepare and file your income taxes

Have you ever wondered whether you could learn to prepare and file your own simple income tax return? If you have thought about filing your own taxes but are worried that you might make a mistake, the Supported Self-File Tax Program is for you!

In order to participate in the program, all you need is access to the internet and a willingness to learn. Our volunteer coaches\* will assist you to collect all the necessary paperwork, help you create a **My CRA Account** (if you need one) and walk you through the online tax filing software step by step.

This **free virtual program** will assist you to gain the confidence and skills to prepare and file your 2020 income tax return.

**Upcoming virtual clinic dates:**

- ▶ Saturday, March 20 at 11 a.m.
- ▶ Friday, March 26 at 1 p.m.
- ▶ Wednesday, March 31 at 9 a.m.
- ▶ Tuesday, April 6 at 7 p.m.

For more information or to sign up for a virtual clinic, contact **Eugena** at **780-955-6421** or **eugena@leduc-county.com**. Telephone-only support is also available.

If the above dates and times don't work for you, please call to find out about additional options.

*\*While our volunteer coaches have been thoroughly screened, you are not required or encouraged to share your personal or financial information with your coach. You will maintain control of your own information while learning how to use the tax filing software.*





# ATTENTION



The Village of Warburg is committed to the health and safety of our community members. Adhering to the new province wide restrictions announced by the Provincial Government on December 13th please be advised that the following restrictions are currently in effect:

- \* Masks are mandatory for all indoor work places, unless you are separated from other staff/visitors
- \* Social gatherings in ANY indoor setting are prohibited.
- \* Please check the Alberta Government website for any further current restrictions

**The Village Office is open—Masks are mandatory and you must sign in the Covid tracker sheet immediately upon entering. This is purely so that we may contact you should a Covid positive case be confirmed to come through our doors the day you visited us!**



## FROM THE WARBURG PUBLIC LIBRARY

Curbside pickup and the van run are currently operational. The Library is currently otherwise closed to the public until the Provincial Government eases restrictions. We do not have a current date for reopening available. Please wear a mask, wash and sanitize your hands and observe social distancing and in 2021 we can visit with loved ones and be out together

*We are looking for a new Board member to join our wonderful crew! Please contact Gail O'Neil at 780-848-2391 for more information!*

### New Canada Recovery Benefits – What to Expect

CERB from CRA – how it worked:

New Canada Recovery Benefits – how they will work:

	Canada Emergency Response Benefit (CERB)	Canada Recovery Benefit (CRB)	Canada Recovery Sickness Benefit (CRSB)	Canada Recovery Caregiving Benefit (CRCB)
Benefit Periods	<ul style="list-style-type: none"> <li>4 week periods/ \$2000 - up to a maximum of 28 weeks</li> <li>Apply at the beginning of the period</li> <li>Payments issued at the beginning of the 4-week period</li> <li>Prospective (apply at start of period)</li> <li>Apply retroactively until Dec. 2, 2020</li> </ul>	<ul style="list-style-type: none"> <li>2 week periods \$1000 (\$900 after tax)</li> <li>Up to a maximum of 26 weeks</li> </ul>	<ul style="list-style-type: none"> <li>1 week periods \$500 (\$450 after tax)</li> <li>Up to a maximum of 2 weeks</li> </ul>	<ul style="list-style-type: none"> <li>1 week periods \$500 (\$450 after tax)</li> <li>Up to a maximum of 26 weeks per household</li> </ul>
	<ul style="list-style-type: none"> <li>Retroactive (apply after period has ended, payments issued after the period)</li> <li>Must apply within 60 days after period has ended</li> </ul>			
Taxable	<ul style="list-style-type: none"> <li>No taxes withheld on payments</li> </ul>	<ul style="list-style-type: none"> <li>CRA will withhold 10% of benefit payment amount in taxes</li> </ul>		
Earning While on Benefits	<ul style="list-style-type: none"> <li>You had stopped working because of COVID-19</li> <li>You could earn up to \$1000 per period and still keep benefit</li> <li>You were not eligible if you earned more than \$1000 during the period</li> </ul>	<ul style="list-style-type: none"> <li>You had a 50% reduction in your average weekly income compared to last year due to COVID-19</li> <li>You will have to reimburse \$0.50 of the CRB for every dollar of net income you earned above \$38,000 for the calendar year</li> </ul>	<ul style="list-style-type: none"> <li>You must have worked less than 50% of your scheduled work week</li> </ul>	<ul style="list-style-type: none"> <li>You must have worked less than 50% of your scheduled work week</li> </ul>
Apply	<ul style="list-style-type: none"> <li>My Account</li> <li>Automated Phone Line</li> </ul>	<ul style="list-style-type: none"> <li>My Account</li> <li>Automated Phone Line</li> </ul>		
Payments	<p>CRA service standards:</p> <ul style="list-style-type: none"> <li>3-5 business days by direct deposit</li> <li>10 business days by mail</li> <li>Many people received payments in 2 days by direct deposit</li> </ul>	<p>CRA service standards:</p> <ul style="list-style-type: none"> <li>3-5 business days by direct deposit</li> <li>10-12 business days by mail</li> <li>Payments will be made within these service standards</li> </ul>		

**Note:** In some cases, we may need to ask applicants for more information to verify their applications. It may take us up to 4 weeks to process the applicant's claim from the date we receive their complete response. Individuals who make intentionally fraudulent claims for the Canada Recovery Benefits may face consequences, such as penalties or possible jail time.

For more on these benefits and the application process visit [canada.ca/coronavirus](https://canada.ca/coronavirus).

# Please reach out if you are feeling...

- \*anxious
- \*frantic
- \*depressed
- \*sleepless
- \*hopeless
- \*alone

Or any other sign that you may be mentally strained or exhausted. This FREE program is here for ALL Canadians, suffering from a broad range of Mental Health/Illness challenges. Don't avoid asking for help because "I shouldn't be struggling" or "others have it worse"; this resource is free, confidential and is there for the sole purpose of helping each individual Canadian through the toughest time in a generation. Call 1-866-585-0445 or visit [www.wellnesstogether.ca](http://www.wellnesstogether.ca)

## Struggling With Your Mental Health Or Substance Use?

Not sure where to start or which resources will help you? Speak to a Program Navigator: 1-866-585-0445

Wellness Together Canada offers FREE and confidential supports to all Canadians

## Take the first step

### Resources Available

- Self-directed Resources
- Group Coaching
- Community of Support
- Peer Support Substance Use Group
- iCBT
- Access to Self-Assessment
- Counselling

### Not ready for a tailored support or to create your own account?



No problem! Get direct access to educational resources, e-courses, free text support, and free counselling with a mental health professional.

[wellnesstogether.ca](http://wellnesstogether.ca)

## Why Create an Account on Wellness Together Canada?

- It's FREE! And it gives you the opportunity to check in on your mental wellness and get access to a whole range of mental health and substance use resources
- Track your well-being through on-going self-assessment
- Sign up for regular notices on your phone or computer
- Get your results on a graph to show how you've been doing
- Helps you keep track of the tools you use through the site
- Access to a curated list of FREE mental health and substance use resources, group coaching and community of support, and counselling
- Your privacy is important to us. The information you provide on this site belongs to you and is kept private and confidential.

## What is Wellness Together Canada?

Wellness Together Canada is a partnership among Stepped Care Solutions, Kids Help Phone, & Homewood Health. It is a "one-stop shop" portal/website offering a wide range of e-mental health and substance use services and supports **at no cost to Canadians.**

WTC is funded by Health Canada and was created as a response to the mental health and substance use needs of Canadians in the wake of COVID-19.

### What Is Included?

Wellness Together Canada is designed from a Stepped Care model which provides a variety of mental health and substance use resources.

### Services Include

- Immediate crisis support
- Print and video information on mental health and substance use issues
- Mental health self-assessment and monitoring
- Access to self-directed virtual programs
- Moderated peer to peer support
- Virtual group coached anxiety program
- E-courses on mental health and substance use
- Drop-in mindfulness class
- Substance use supports (Togetherall, All People, All Pathways & Breaking Free; Wellness)
- Access to counselling support by phone or text

Individuals can **Sign In and Create an Account.** Creating an account provides the opportunity to check in on how your mental wellness is progressing.

- Track your well-being through on-going self-assessment
- Sign up for regular notices on a phone or computer to do a check in self-assessment
- Get results on a graph that shows how you're doing over time

### Free Counselling

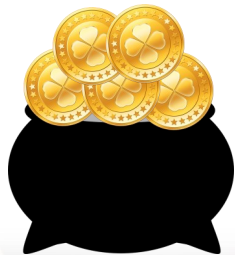
WTC Offers free live counselling by phone, text, or video, 24 hours a day.

Wellness Together Canada offers FREE and confidential supports to all Canadians. Get Access to credible FREE mental health and substance use resources and supports at no extra cost!





## FROM THE WARBURG SENIORS CENTRE...



QUILTING - Tuesdays at 10:00 a.m.

CARDS - Wed 7:30 a.m. \$2.00 drop in fee

- bring your own snacks and beverages

FLOOR CURING

*Temporarily on hold*

Councillor Steven Swartz



## WARBURG TRAIL COMMITTEE/THINK TANK

Exciting things are on the horizon for our already beautiful Village! We want YOUR ideas on how to make our existing green spaces user friendly, community engaging, and help to bring your visions into reality! What do you think our community could use; a walking trail system? A skating pond in the winter/beautiful picnic area in the summer? We need your input and passion for the great outdoors! Please contact Dwayne Mayr at

[dmayr@warburg.ca](mailto:dmayr@warburg.ca), or stop by the **Trail Committee Meeting on Wednesday, March 10th at 7pm in the Village Basement**. This is NOT an official Board, just an imagination, passion and planning committee! The only commitment is bringing your ideas to the table!



### Your Nurse Practitioner

### Your healthcare team

- Nurses • Dietitians • Exercise Specialist
- Mental Health Therapists
- Behavioural Health Consultants

### Collaborative care in:

- diabetes management • tobacco cessation
- weight management • mental health
- geriatric consultation • referral coordination
- exercise prescriptions • health education classes
- after-hours clinics in Leduc & Beaumont
- specialists clinics



Monday, Wednesday, Friday 9:00 a.m. - 4:00 p.m.  
Closed 12:00 p.m. - 1:00 p.m.

Phone: 825-320-3000  
[www.lbdpcn.com](http://www.lbdpcn.com)

5212 - 50 Avenue, Warburg  
Located in the Village of Warburg  
office basement, parking in rear



# Volunteers needed

Income tax filing coach

Leduc County Family and Community Support Services (FCSS) is looking for volunteers to fill the role of income tax filing coach.

This spring, FCSS will host virtual tax clinics called **Supported Self-File Clinics**. A coach will assist people with simple tax situations to learn to prepare and file their own income tax returns using online tax filing software.

Volunteer coaches will need to register as a volunteer with Canada Revenue Agency (CRA) and provide a clean criminal record check.

If you are skilled with filing simple income tax returns, are comfortable with technology, and would like to become a volunteer, contact Eugena at **780-955-6421** or [eugena@leduc-county.com](mailto:eugena@leduc-county.com).



## Get support. Take control. Feel better.

If you're struggling to cope, you don't have to do it alone. Togetherall offers a safe, and anonymous community to connect from anywhere, at any time.

A free, online community for 24/7 mental health support.

REGISTER TODAY

### HOW CAN WE HELP?

 <p><b>Community</b></p> <p>Share anonymously and get support from others like you. Accessible 24/7, our site is run by registered mental health practitioners.</p>	 <p><b>Courses</b></p> <p>Find courses specific to your concerns. Learn how to manage your mental health and feel better.</p>	 <p><b>Resources</b></p> <p>Access a variety of free articles, tests, and techniques to take control of your wellbeing.</p>
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### WHY USE TOGETHERALL?

- Members interact anonymously so you're free to share without fear.
- Togetherall's community is accessible and active 24/7 by phone, computer or tablet.
- 24/7 moderation ensures that the community remains safe and supportive.

*“Togetherall gave me a place to feel safe, everyone was so supportive, it helped me through a difficult time.”*

LEARN MORE

16+ Free to all Albertans, register at: [togetherall.com](http://togetherall.com)  
Or learn more at: [ahs.ca/virtualmentalhealth](http://ahs.ca/virtualmentalhealth)

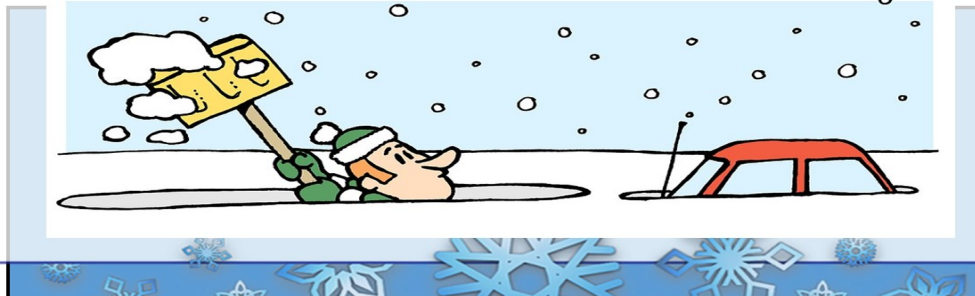


\*We may share information we hold about you in circumstances of risk, where we may refer you to emergency services or to any health care professional or your commissioning institution to protect your welfare or the welfare of others.

# CALLING ALL SNOW ANGELS!



WE HATE TO BE THE BEARERS OF BAD NEWS, BUT THE SNOW IS COMING...AND WITH THAT, THE NEED FOR VOLUNTEERS. WE HAVE AN AMAZING SENIOR POPULATION WITHIN OUR COMMUNITY, WHO HAVE DONE SO MUCH FOR WARBURG, AND NOW IS THE TIME OF YEAR THEY NEED SOME ASSISTANCE IN RETURN. WE ARE LOOKING FOR VOLUNTEERS TO REGISTER FOR OUR SNOW ANGELS PROGRAM. IF YOU ARE WILLING AND ABLE TO HELP SENIORS WITH SNOW SHOVELLING THROUGHOUT THE WINTER SEASON, PLEASE CONTACT **TAMI AT 780-848-2828 OR FCSS@WARBURG.CA** WITH YOUR NAME AND PHONE NUMBER. WHEN A SENIOR CONTACTS TAMI LOOKING FOR ASSISTANCE, YOUR CONTACT INFORMATION WILL BE FORWARDED. THIS IS ALSO A GREAT WAY FOR YOUR TEENAGERS TO GET OUTSIDE, HELP THEIR NEIGHBORS, AND BOOST THEIR RESUMES THROUGH VOLUNTEER WORK!



# SERVICE CANADA

## READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



### Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

### EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work. If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl>

1-800-206-7218

If you require assistance accessing services, please complete an e-Service request form at [Canada.ca/service-canada-e-service](https://www.canada.ca/service-canada-e-service). An agent will contact you within two business days to assist you or to schedule an appointment.

### CANADA RECOVERY BENEFIT (CRB)

The CRB provides \$500 per week for up to 26 weeks for workers who have stopped working or had their income reduced by at least 50% due to COVID-19, and who are not eligible for Employment Insurance (EI). Applications will open on October 12.

<https://bit.ly/210Ub5d>

1-833-966-2099

### CANADA RECOVERY SICKNESS BENEFIT (CRSB)

The CRSB provides \$500 per week for up to a maximum of two weeks, for workers who:

- Are unable to work for at least 50% of the week because they contracted COVID-19
- Are self-isolated for reasons related to COVID-19
- Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.

<https://bit.ly/36zGjZH>

1-833-966-2099

### CANADA RECOVERY CAREGIVING BENEFIT

The Canada Recovery Caregiving Benefit (CRCB) provides \$500 per week for up to 26 weeks per household for workers. The CRCB gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care.

<https://bit.ly/2F8YxXm>

1-833-966-2099

### SOCIAL INSURANCE NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK>

1-866-274-6627

Not sure if you need to repay the Canada Emergency Response Benefit? Go to [Canada.ca/repay-cerb](https://www.canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)  
If you do not have access to the internet and require assistance accessing services, please contact us at: Western Provinces and Territories: 1-877-631-2657

# SERVICE CANADA

## READY TO HELP — BUSINESSES



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



### Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

### CANADA EMERGENCY WAGE SUBSIDY (CEWS)

We are covering up to 65% of an employee's wages for qualifying eligible employers, with this subsidy rate in effect until December 19, 2020. The wage subsidy supports you to keep and re-hire your employees and avoid layoffs. The CEWS is available until June 2021.

<https://bit.ly/2T0cKJl>

Application Guide:

<https://bit.ly/3braBuj>

FAQ – Technical Guide:

<https://bit.ly/2Anxbs8>

### WORK-SHARING PROGRAM

We are extending the maximum duration of the Work-Sharing program from 38 weeks to 76 weeks for employers affected by COVID-19.

<https://bit.ly/2Czw9f5>

EDSC.DGOP.TP.REP.RES.WS.POB.ESDC@servicecanada.gc.ca

1-800-367-5693 (TTY: 1-855-881-9874)

### CANADA EMERGENCY RENT SUBSIDY (CERS)

The Canada Emergency Rent Subsidy (CERS) provides a direct and easy-to-access rent and mortgage subsidy of up to 65% of eligible expenses to qualifying businesses, charities and non-profits. The subsidy rates are in effect until December 19, 2020. This support is available directly to tenants.

<https://bit.ly/3pSsQdB>

### CANADA SUMMER JOBS

We made temporary changes to the Canada Summer Jobs program to allow employers to:

- receive an increased wage subsidy, so that private and public sector employers can also receive up to 100 per cent of the provincial or territorial minimum hourly wage for each employee;
- extend the end date for employment to February 28, 2021;
- adapt their projects and job activities;
- hire staff on a part-time basis.

The call for applications for the 2020 season is now closed.

<https://bit.ly/35Sgulk>

1-800-935-5555 (TTY: 1-800-926-9105) or your funding representative

### DID YOU KNOW?

There's an interactive tool to help you find the COVID-19 support you need for your business:

[Innovation.canada.ca](https://www.innovation.canada.ca)

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)

# SERVICE CANADA

## READY TO HELP — YOUTH



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



### Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

### EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work.

If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl>

1-800-206-7218

If you require assistance accessing services, please complete an e-Service request form at [Canada.ca/service-canada-e-service](https://www.canada.ca/service-canada-e-service). An agent will contact you within two business days to assist you or to schedule an appointment.

### CANADA STUDENT LOANS PROGRAM (CSLP)

We made changes to the Canada Student Loans Program (CSLP) to allow more students to qualify for support and be eligible for greater amounts. Learn more about Canada Student Grants and Loans:

<https://bit.ly/2WzEvb>

### MENTAL HEALTH SUPPORT

We are giving \$7.5 million in funding to Kids Help Phone to provide young people with the mental health support they need during this difficult time.

[Kidshelpphone.ca](https://www.kidshelpphone.ca)

1-800-668-6868

### JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:

<https://bit.ly/2YWXod9>

### SOCIAL INSURANCE NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK>

1-866-274-6627

Not sure if you need to repay the Canada Emergency Response Benefit? Go to [Canada.ca/repay-cerb](https://www.canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)

# SERVICE CANADA

## READY TO HELP — SENIORS



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



### Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

### EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work.

If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl>

1-800-206-7218

If you require assistance accessing services, please complete an e-Service request form at [Canada.ca/service-canada-e-service](https://www.canada.ca/service-canada-e-service). An agent will contact you within two business days to assist you or to schedule an appointment.

### REGISTERED RETIREMENT INCOME FUNDS

We reduced the required minimum withdrawals from Registered Retirement Income Funds (RRIFs) by 25 per cent for 2020.

<https://bit.ly/3bstRtv>

### SOCIAL INSURANCE NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK>

1-866-274-6627

Not sure if you need to repay the Canada Emergency Response Benefit? Go to [Canada.ca/repay-cerb](https://www.canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)



Family Resource Network  
leduc-county.com  
780-979-2385 | frn@leduc-county.com

## CIRCLE OF SECURITY

Online

The Circle of Security is a relationship based early intervention program designed to enhance attachment security between parents and children. Decades of university-based research have confirmed that secure children exhibit increased empathy, greater self-esteem, better relationships with parents and peers, enhanced school readiness and an increased capacity to handle emotions more effectively when compared with children who are not secure.

Date: **Wednesdays, February 3 to March 24, 2021**  
Time: **1:30 p.m. to 3 p.m.**  
Location: **Online via Microsoft Teams or Zoom**  
A link will be sent out to participants prior to the start of sessions  
Registration starts: **Monday, January 11**

Please note registration is required as there is limited space.

To register for this program or for more information, call 780-979-2385 or email [frn@leduc-county.com](mailto:frn@leduc-county.com).



Leduc County | City of Beaumont | Town of Calmar | Town of Devon | Town of Thorshy | Village of Warburg



## OSKAYA AYAMICHIKEWAK Young Readers Program

Need new books for your child?

We have partnered with Dolly Parton's Imagination Library to bring young Métis readers a **FREE BOOK** every month!

This program promotes early literacy and paves the way for a lifelong love of reading. Simply fill out the form at [albertametis.com/programs-services/cfs](http://albertametis.com/programs-services/cfs) or pick up a hard copy at your local MNA office, fill it out, and mail it in to start receiving your books.

Parent/Guardian applicant or child must be an MNA citizen.  
Children must be 0 – 5 years old to qualify.

Have questions? Email [mnacfs@metis.org](mailto:mnacfs@metis.org) today!



Métis Nation of Alberta - Provincial Office  
Delia Gray Building - 11738 Kingsway Avenue - Edmonton  
780-455-2200 - 1-800-252-7553 - [albertametis.com](http://albertametis.com)

[@abmetis](https://www.facebook.com/abmetis) [@allbertametis](https://www.instagram.com/allbertametis)



**Warburg School Council** is a structured group of parents, the school principal, teachers, students and community members whose purpose is to advise the principal and the school board regarding matters relating to the school. It is a means for parents and community members to work together with the school to support and enhance student learning.

**Warburg Parent School Society** is a fundraising branch of Warburg School Council. It's primary directive is to raise funds to purchase items that benefits all students of the school. In the past, the Society has purchased a large laminator, a Gymnasium score-clock, STEAM items for individual classrooms, a kiln and 60 snowshoes among other things. Their fundraising was instrumental in recently purchasing a large number of items to begin our coding and robotics program at the school. Current fundraising efforts will go towards the purchase of some much needed outdoor playground equipment; and here is what is coming! Please watch the Warburg School Parent Council Facebook Page for details, or email [warburgparentsociety@gmail.com](mailto:warburgparentsociety@gmail.com)



## Craft Kits for Spring, Easter or Mother's Day!

In these weird times of Covid 19, Spring Break may look a little different this year. With many people staying home, why not get in touch with your crafty side and create your own painted wooden sign with one of our stencilling craft kits. Designed and created by our Society board members, each kit comes with an adhesive vinyl stencil, pre-stained wood,



several small pots of paint and some applicator sponges, plus our written instructions. Choose from a variety of designs, sizes, levels of difficulty and prices. Deadline for orders is **Friday 19th March**, to allow us time to prepare and package the kits. Watch the school Facebook page and website for details.



## KIWI NURSERIES

Kiwi Nurseries Ltd. is a family owned and operated business in Acheson, providing customers with quality, prairie hardy plant material and superior customer service. Their spring fundraiser features veggies, herbs, hardy outdoor plant material, décor, houseplants, and gift cards for purchase. There are no minimum purchase requirements. The organization then receives a portion of the sales.

An online store is set up under the organizations name, where its' customers browse and shop from.

An online brochure will be available from late March. The online store opens early April and runs to the beginning of May, with all items being available for customer pickup by the May long weekend, weather dependent. We hope some of our volunteers will also be able to bring orders to the school where customers can pick up their purchases on a predetermined date.

# Free Tax Clinics

Get your benefits and credits



If you have a modest income and a simple tax situation, volunteers can do your tax return for you!

## COMMUNITY VOLUNTEER INCOME TAX PROGRAM—OPENING MARCH 1, 2021

Warburg FCSS is once again hosting the CVITP through our offices. We are able to support all individuals and families who qualify as low income, and require a BASIC return (no Capital Gains, Fishing Income, Farming Income, Bankruptcy, Rental Income, Deceased Persons, Self Employed Income, Interest over \$1000 or other complex returns). Income tax returns can be prepared either by appointment or by dropping off all relevant information and signing an authorization form.

Please contact Tami at 780-848-2828 with any questions or to book an appointment.

Councillor Dwayne Mayr



# CREATIVE CONNECTIONS

connect, create, thrive

Join us for eight weeks of **FREE** programs, resources and fun!

Sign up for **FREE** programs here:  
<http://www.leduc-county.com/online-recreation>



- March 2: Lego Contest
- March 4: Animal Track Detective
- March 9: Snow Kitchen
- March 11: Reduce, Reuse, Recycle Contest
- March 16: Nature's Self Portrait
- March 18: Seed Bombs
- March 23: Partnership Program (TBD)
- March 25: Uno Fitness





# Council Notes

**Council Notes:** Complete Minutes are available on our Website once approved at the next month's council meeting.

## **February 8, 2021 Council Meeting**

### **Auditor Appointed:**

The Village has appointed Donnelly & Co. LLP as the Village of Warburg auditors for the 2021 Year.

### **Bylaw 176-21:**

Council moved 1st Reading of Bylaw 176-21 to provide for the election of the Office of Mayor by a vote of the electors of the Village of Warburg. (Please see insert requesting Public Input in this regard.)

### **Natural Gas Aggregation:**

Council moved that the Village of Warburg confirm the municipality's participation in the AMSC upcoming Natural Gas Aggregation Procurement for the years from 2022-2026.

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### **Village Bucks**

The Village would like to thank the following businesses for participating in the "Warburg Bucks" program:

Harris Mechanical	Treasurers—United Church	Two B's Flowers & Bistro
Warburg Corner Restaurant	Warburg Village Market	We Can Day Home

West of the 5th Law (for Consultations, Notary Public and Commissioner of Oaths services and Estate Planning only)

Any Village businesses willing to participate can do so by contacting the Warburg Village Office

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## **NOTICE      *Bylaw 176-21*      *Election of the Office of Mayor***

***The Village of Warburg is asking for public input regarding the proposal of Village of Warburg Bylaw 176-21 to provide for the election of the Office of Mayor by a vote of the electors of the Village of Warburg.***

***Currently voters in the Village elect 5 Councillors during municipal elections for a term of 4 years. Then the Councillors, from amongst themselves, name a Mayor and Deputy Mayor. These positions are then reviewed annually at the October Organizational meeting of Council.***

***Bylaw 176-21 would change the process. Voters would elect 4 Councillors and 1 Mayor during municipal elections. These positions would be for a term of 4 years.***

***Please forward your input via mail to Box 29, Warburg, AB T0C 2T0, via email to: [cao@warburg.ca](mailto:cao@warburg.ca) or in writing to our office at 5212-50 Avenue, Warburg AB T0C 2T0 before April 7, 2021. Bylaw 176-21 will be part of the Agenda for***

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### **Council Meetings**

Upcoming Regular meetings of Council will be held on Monday, March 8 and March 22 @ 7:00 pm in the Municipal Office Basement. (please enter through back door) Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the **Monday** of the week prior to the meeting. Meetings are open to the Public. COVID restrictions are in place for the health & safety of Council, staff and residents.



## **2021 Municipal Election**

The next municipal election will take place on October 18, 2021 from 10 a.m. to 8 p.m.

More information will be shared in the coming months with a list of candidates being posted on warburg.ca on or before September 22, 2021.

**Are you interested in running for Warburg Village Council** and shaping the direction of the Village over the next four years? If so, we encourage you to run for candidacy.

Nominations are accepted from January 1 to September 20, 2021 @ noon.

**Eligibility:** You can become a candidate if the following applies to you:

⇒ You are 18 years of age on nomination day

⇒ You are a Canadian citizen

You reside in the Village of Warburg for the six consecutive months preceding nomination day

You are not eligible to become a candidate if any of the following apply: you are the auditor of the municipality; you are an employee of the municipality, unless you have taken a leave of absence; your current property taxes are more than \$50 in arrears; you are in default for any other debt to the municipality in excess of \$500 for more than 90 days; or you have been convicted of an offense under the Local Authorities Election Act or the Canada Elections Act in the previous 10 years.

For specific eligibility and ineligibility descriptions for candidates, refer to sections 21 and 22 of their Local Authorities Election Act.

Starting January 1, 2021, candidates can submit their nomination forms at the following address: Village of Warburg, 5212—50 Avenue, Warburg AB. Candidates are encouraged to deliver their nomination forms in person, however, anyone may file the nomination papers on the candidate's behalf. Returning Officer Christine Pankewitz can be contacted at 780-848-2841 for further information or questions. Nominations close September 20th, 2021 at noon.

Nomination forms are available for pick-up at the Village Office. Nomination forms must be signed by at least five voters eligible to vote in the election and who also reside in the Village of Warburg. To ensure validity of nomination forms, a candidate is encouraged to submit more than the required five elector's signatures.

**Responsibilities:** Council members have the opportunity to significantly influence the future of the Village of Warburg; this is an important and demanding job. If you are elected, you will hold office for a four-year term and will be required to attend the following:

⇒ Regular and special council meetings

⇒ Council committee meetings

⇒ Meetings of other boards and agencies to which you are appointed as a council representative

⇒ Conferences, conventions, seminars and workshops for training and discussion



# March 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Leduc County Getting to Know Grief 6-7:30	2 Leduc County Supporting child through grief 6:30-8:30 CVIPT Season starts Creative Connections Lego Contest	3 Kokums Bannock & Tea 2-4pm Leduc County Circle of Sec. 1:30-3	4 Creative Connections Animal Track Detective	5	6
7 Leduc County Getting to Know Grief 6-7:30 Council Mtg 7p.m.	8 Leduc County Children in Change 6:30-7:30 Creative Connections Snow Kitchen	9 Leduc County Children in Change 6:30-7:30 Creative Connections Snow Kitchen	10 Trail Committee—7pm Kokums Bannock & Tea 2-4pm Leduc County Circle of Sec. 1:30-3 Convo's with Doc 1:30-2:30	11 Leduc County Men's Mental Health 7-8:30 Creative Connections Reduce, Reuse Recycle Contest	12 Leduc County Caregivers Miniconference 8:30-12:30	13
14 Leduc County Getting to Know Grief 6-7:30	15 Leduc County Children in Change 6:30-7:30 Creative Connections Nature's self portrait	16 Leduc County Children in Change 6:30-7:30 Creative Connections Nature's self portrait	17 Leduc County Circle of Security 1:30-3pm Kokums Bannock & Tea 2-4pm	18 Creative Connections Snow Volcanoes Creative Connections Seed Bombs	19	20 Leduc County Supported Self filing 11am
21 Leduc County Getting to Know Grief 6-7:30 Council Mtg 7p.m.	22 Leduc County Children in Change 6:30-7:30 Creative Connections Partnership Program	23 Leduc County Children in Change 6:30-7:30 Creative Connections Partnership Program	24 Leduc County Circle of Security 1:30-3pm Kokums Bannock & Tea 2-4pm	25 Creative Connections Leduc County Living Library 6:30-8:30 Creative Connections Uno Fitness	26 Leduc County Supported Self filing 1pm	27
28 Leduc County Getting to Know Grief 6-7:30	29 Leduc County Children in Change 6:30-7:30	30 Leduc County Children in Change 6:30-7:30	31 Leduc County Supported Self filing 9am			