



DECEMBER



FCSS | RECREATION NEWSLETTER

2023

WE ACKNOWLEDGE THAT WE ARE ON TRADITIONAL TERRITORIES OF THE MANY FIRST NATIONS, MÉTIS, AND INUIT IN ALBERTA AND EXPRESS GRATITUDE AND RESPECT FOR THE LAND WE USE, PLEDGE TO END SYSTEMIC RACISM, COMMIT TO ADVANCING RECONCILIATION AND PARTNERING WITH INDIGENOUS PEOPLES IN OUR WORK.

May your hearts be filled with the warmth of the season !

**From all of us at the Village of Warburg Office,
Wishing you all a very Happy Holiday Season!**



PARENT & TOT SKATING



Come out and enjoy a morning skate with the little ones!

Will run every Friday

Where: Warburg Arena

Time: 10a.m.-12 p.m.

NO STICKS ALLOWED DURING THIS TIME PLEASE

*Helmets are mandatory for anyone under the age of 18



Kids Christmas Market

When: Monday December 4TH 1:30-4PM

Where: Village of Warburg Basement

Cost: \$2.00- for two crafts

Come spend the afternoon making gifts for your loved ones!

Option 1: Essential oil /Epsom salt bath salt jars

Option 2: Reindeer hot chocolate

Option 3: Personalized Ornaments

cards, wrapping paper and decorations available for the kids to wrap their gifts!

There will be snacks, Christmas music and hot chocolate provided

Kids 6 under require supervision by caregiver



Please register with Shauna @780-848-2828 or email fcss@warburg.ca

HAPPY HOLIDAYS

5 TIPS TO SURVIVE THE HOLIDAY STRESS

Plan and Prioritize:

Create a realistic plan for the holiday season. List your tasks and commitments, and prioritize them based on importance. Break down larger tasks into smaller, manageable steps. Having a clear plan can help you stay organized and reduce the feeling of being overwhelmed.

Set Boundaries:

Learn to say no when necessary. Understand your limits and communicate them to others. Setting boundaries is crucial for managing stress during the holidays. It's okay to decline invitations or delegate tasks if it helps you maintain balance and prevent burnout.

Practice Self-Care:

Take time for yourself amidst the holiday hustle. Engage in activities that bring you joy and relaxation, whether it's reading a book, taking a walk, or enjoying a favorite hobby. Prioritize self-care to recharge both physically and mentally.

Manage Expectations:

Acknowledge that not everything will go perfectly, and that's okay. Manage your expectations and be realistic about what you can achieve. Embrace imperfections and focus on the meaningful moments rather than striving for an elusive idea of a "perfect" holiday.

Stay Mindful and Present:

Practice mindfulness to stay present in the moment. Take deep breaths, engage your senses, and savor the positive experiences. Mindfulness can help alleviate stress by redirecting your focus from future anxieties to the current, more manageable tasks and joys.

Remember, the holidays are about joy, connection, and celebration. By implementing these strategies, you can navigate the season with a greater sense of calm and enjoyment.



LET'S JOIN
Village of Warburg
70th Anniversary
Celebration
EVE PARTY

* December
31

- Cocktails: 5:30
- Supper: 6:30
- Fireworks: 10:00
- Dance: 8-12:30 (Herding Cats)
- Cash Bar
- Tickets \$25.00 - available for purchase at the Village Office
- Pioneer Rec Center

Tickets must be bought in advance, last day to buy tickets is December 22 by 4 pm

DECEMBER FAMILY BUCKET LIST:

A MONTH OF TOGETHERNESS, JOY, AND GIVING

BUCKET LIST

- Decorate a Christmas Tree
- Bake Gingerbread Cookies
- Host a Festive Movie Night
- Send Handmade Christmas Cards
- Visit a Christmas Market
- Make Homemade Hot Chocolate
- Build a Snowman
- Go Ice Skating
- Attend a Holiday Concert
- Read Christmas Stories
- Create DIY Ornaments
- Have a Pajama Day
- Make Mulled Wine/Apple Cider
- Visit a Santa Claus Parade
- Make a Snow Globe
- Go Caroling
- Donate to the foodbank
- Host a Potluck Dinner
- Santa Gift Exchange
- Visit a Local Senior Center
- Take a Winter Nature Walk
- Make Christmas Crafts
- Go on a Christmas Light Tour
- Host a Fondue Night
- Shop at a local business
- Plan a Family Game Night
- Write a Letter to Santa
- Reflect and Set Goals





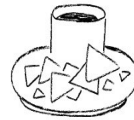
THEFT OF SIGNS

Over the past few weeks, several signs have been removed from the Village of Warburg. Please note that the removal of traffic signs or otherwise altering or defacing them carries significant penalties as an individual can be charged under a by-law, as well as under the Traffic Safety Act (TSA, RSA 2000), as well as criminally as an act of criminal mischief. If you have any information regarding missing signs from the municipality, please contact the Village office at 780-848-2841 or email office@warburg.ca



Saturday Dec 2nd
Appetizers, tea/coffee/juice

Everyone welcome to stop in
and enjoy an appetizers and a
visit
1-4pm



**Warburg Christmas Elves 2023
Intake is open
Nov 13th-December 8th**

In the midst of the festive glow that Christmas brings, it's essential to acknowledge the silent struggles faced by families and individuals due to the soaring costs of living during this season of giving. For many, the holiday season becomes a time of difficult choices, where essential needs collide with desire to create magical moments for loved ones.

Intakes will be opening on Monday November 13th: Should you wish to register for the Christmas Elves program, please contact Shauna at 780-848-2828 or fess@warburg.ca to book an intake appointment.

Intakes are completely CONFIDENTIAL!

The deadline for intakes is December 8th.

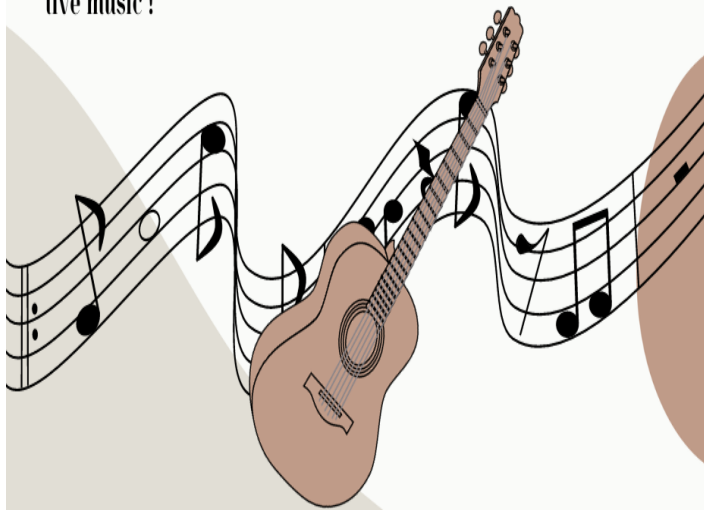
Warburg Seniors

Center Jam

Session

Everyone is
welcome to come
and enjoy some
live music!

FRIDAY
DECEMBER 1
1 PM



COFFEE + PIE SERVED, DONATIONS EXCEPTED

ARENA SCHEDULE

23/24

MON

SHINNY
3:45-5:15

FAMILY SKATE
3:45-5:15

helmets mandatory for anyone under age of 18

WED

FRI

**PARENT & TOT
SKATE**
10-12

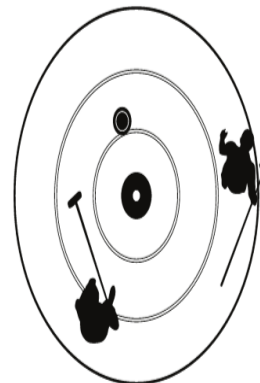
helmets mandatory for anyone under age of 18

Community Gym Night at the Warburg School

- December 16th
- January 20th
- February 17th
- All nights start at 5:30pm and go to 8:30pm.
People are welcome to come and go as they
like and it's free



FLOOR CURLING AT PIONEER REC CENTER (WARBURG HALL)



*Warburg Floor Curling is starting up again for the season! Everyone from all
over is welcome to join!*

Date: will run every Thursday

Time: 1pm

\$2.00 to come and join!

Parent & Tot Group- Everyone Welcome!

PARENTS COFFEE AND KIDS PLAY EVERY THURSDAY
MORNINGS FROM 9-11 AM IN THE
VILLAGE OF WARBURG BASEMENT

- PLEASE ENTER THROUGH THE BACK DOOR.
- PARENTS WITH OR WITHOUT KIDS IN ATTENDANCE ARE WELCOME!
- JOIN US FOR COFFEE AND CHIT CHAT
- NO CHARGE, BUT SNACKS TO SHARE WOULD BE GREATLY APPRECIATED!



Warburg Curling Club

Curling 2023/2024

Monday & Thursday 7pm

Tuesday (Sturling Night) 6:30 p.m.

Men's Morning Curling Thursday 10 a.m.


New Curlers always welcome!

Questions call Rob Tessier-780-789-3723

Men's Curling call Les N. 780-848-2661




DEAR WARBURG VILLAGE RESIDENTS,




AS THE HOLIDAY SEASON APPROACHES, THE ENTIRE STAFF OF THE VILLAGE OF WARBURG EXTENDS OUR WARMEST WISHES TO YOU AND YOUR LOVED ONES. MAY THIS FESTIVE SEASON BRING JOY, LAUGHTER, AND CHERISHED MOMENTS OF TOGETHERNESS.

IN THE SPIRIT OF COMMUNITY, LET'S EMBRACE THE JOY OF THE HOLIDAYS AND SHARE KINDNESS WITH THOSE AROUND US. AS WE CELEBRATE, LET'S ALSO PRIORITIZE SAFETY AND WELL-BEING. TAKE A MOMENT TO APPRECIATE THE BEAUTY OF THE SEASON AND CREATE MEMORIES THAT WILL WARM YOUR HEART THROUGHOUT THE YEAR.





MAY YOUR HOLIDAYS BE FILLED WITH WARMTH, YOUR HOMES WITH HAPPINESS, AND YOUR HEARTS WITH GRATITUDE.

WISHING YOU A JOYOUS AND SAFE HOLIDAY SEASON!



WARM REGARDS,
VILLAGE OF WARBURG STAFF
AND ALL OF OUR COUNCIL MEMBERS





Village of Warburg
Christmas Open House
Friday, December 22nd, 2023

*Join us in the Village of Warburg
Municipal Office from 3:00-6:00 pm for
some holiday cheer and refreshments and
enter your name in the Christmas draw.*





Blue Holiday: A Time of Reflection and Remembrance

Join us for a special Blue Holiday event, a time to remember the ones we have loved and have lost. The holiday season can be a difficult time for those who are grieving. This event will be a peaceful gathering where you can honor and cherish the memory of your loved ones in a supportive environment. We invite you to join us for a ceremony of healing and hope during this challenging time of year.

The session will be facilitated by Registered Psychologist Amy Walton from Karunia Counselling in partnership with Leduc County Family and Community Support Services.

- ▶ **Date:** Friday, Dec. 8, 2023
- ▶ **Time:** 6:30 to 8 p.m.
- ▶ **Location:** Calmar
- ▶ **Register:** online at www.leduc-county.com/blue-holiday/
or contact **Kristin** at **780-955-6421** or kristin@leduc-county.com





Cheques can be made out to the Village of Warburg



Warburg Firefighters Christmas Elves' Drive



December 2, 2023

9 am

Our wonderful local Firefighters will be going door to door collecting non-perishables for our Warburg Elves Campaign! They will graciously accept any non-opened, clearly marked non perishables that have not yet expired, as well as cash donations! If you have anything you'd wish to donate, please have it bagged and ready for the Firefighters for when they arrive!

We thank you for your contributions!

Please have items ready for pick up !

FOOD BANK ITEMS TO DONATE

NON-PERISHABLE FOOD ITEMS:

- CANNED GOODS (VEGETABLES, FRUITS, SOUPS, MEATS, BEANS)
- PASTA, RICE, AND OTHER GRAINS
- CEREAL AND OATMEAL
- PEANUT BUTTER AND JELLY, CHEEZ WHIZ, CONDIMENTS
- SHELF-STABLE MILK AND JUICE
- CRACKERS FOR SOUP, COOKIES, COFFEE, TEA
- MICROWAVE POPCORN, INSTANT COFFEE
- POWDERED MILK
- PANCAKE MIX, AND SYRUP
- HAMBURGER HELPER
- INSTANT POTATOES

NO SUGAR ADDED:

- JUICEBOXES, 1 LITRE JUICE, FRUIT CUPS, ITEMS FOR CHILDREN LUNCHES

TOILETRIES AND PERSONAL CARE ITEMS:

- SHAMPOO, CONDITIONER, AND BODY WASH
- TOOTHPASTE AND TOOTHBRUSHES
- DEODORANT
- TOILET PAPER AND TISSUES

HOUSEHOLD ITEMS:

- LAUNDRY DETERGENT AND FABRIC SOFTENER
- DISH SOAP AND SPONGES
- CLEANING SUPPLIES

GIFT CARDS:

- GROCERY STORE OR SUPERMARKET GIFT CARDS
- CLOTHING STORE OR DEPARTMENT STORE GIFT CARDS

MONETARY DONATIONS:

- ALLOW ORGANIZERS TO PURCHASE SPECIFIC ITEMS OR ADDRESS INDIVIDUAL NEEDS.

PET SUPPLIES:

- CAT FOOD
- DOG FOOD



24/7 Crisis Resources

Fire, Police, Ambulance

Call 9-1-1



Health

HEALTH Link Alberta 811
Poison & Drug Information Service 1-800-332-1414

Mental Health

Access 24/7 (adult mental health intake) 780-424-2424
AHS Children & Adolescent Mental Health Crisis Line 780-407-1000
Distress Line: Support Network 780-482-4357
Distress Line: Rural support Network 1-800-232-7288
Mental Health Help Line 1-877-303-2642
Wellness Together Canada text WELLNESS to 741741

Addictions

Alberta Addiction Help Line 1-866-332-2322

Suicide

Talk Suicide Canada 1-833-456-4566 or
text 45645 (2 p.m. to 10 p.m.)

Indigenous

First Nations & Inuit Hope for Wellness Help Line 1-855-242-3310
Indian Residential School Crisis Line 1-866-925-4419

Children & Parenting Crisis Support

Children's Services Crisis Unit 780-422-2001
Kids Help Phone 1-800-668-6868 or text 686868

LGBTQ2SIA+

Brite Line (24/7) 1-844-702-7483

Shelter

Contact 2-1-1 for emergency shelter information.

Abuse & Family Violence

Abuse Helpline 1-855-4HELPAB
Child Abuse Hotline 1-800-387-5437
Family Violence Information Line call or text 310-1818
Seniors Abuse Helpline 780-454-8888
Sexual Violence One Line call or text 1-866-403-8000



When Grief is a Guest

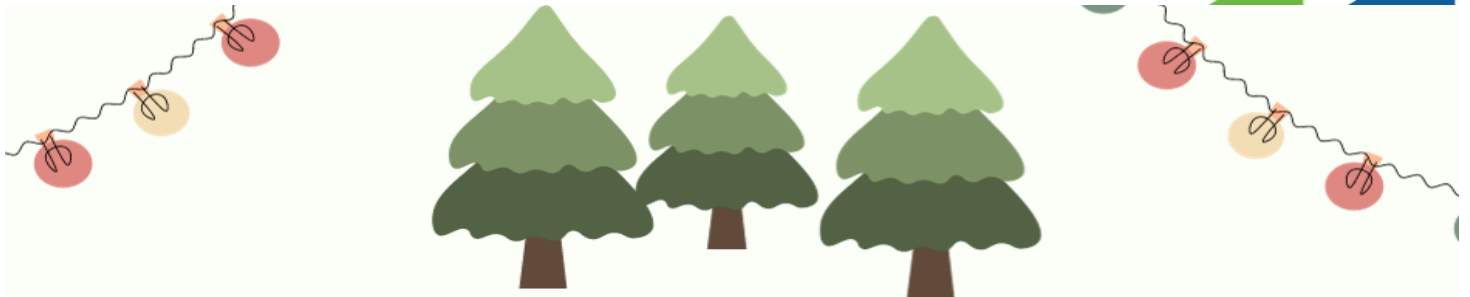
When we have lost someone we love, the holidays can feel like the most painful time of the year. If you are missing a loved one this holiday season, we invite you to join us for an evening of learning and support. Together we will acknowledge your loss, new or old, and explore ways of navigating the holiday season with self-kindness and understanding.

Join us to explore:

- ▶ The experience of grief
- ▶ The impact of the holidays
- ▶ The role of traditions
- ▶ The importance of self-kindness

The session will be facilitated by Registered Psychologist Amy Walton from Karunia Counselling in partnership with Leduc County Family and Community Support Services.

- ▶ **Date:** Tuesday, Dec. 5, 2023
- ▶ **Time:** 6:30 to 8 p.m.
- ▶ **Location:** Zoom
- ▶ **Register:** online at www.leduc-county.com/when-grief-is-a-guest/ or contact **Kristin** at **780-955-6421** or kristin@leduc-county.com



EMBRACE THE LOGAL MAGIC

Hey, wonderful friends! As the holiday season approaches, let's take a moment to celebrate the incredible benefits of shopping local!

Community Connection: When you shop at local businesses, you're not just making a purchase; you're investing in your community. Your support helps to strengthen local economies, creating a web of connections that uplift everyone.

Unique Finds: Local shops are treasure troves of unique and one-of-a-kind items. Discover gifts with a personal touch that you won't find anywhere else. It's like giving a piece of your community to your loved ones!

Sustainable Impact: Shopping local is a fantastic way to reduce your carbon footprint. By choosing nearby businesses, you're cutting down on transportation emissions and supporting practices that are often more environmentally friendly.

Personalized Service: Local shop owners know their customers, and there's something special about the personal touch you get when you walk through their doors. Experience exceptional service and build relationships that go beyond just a transaction.

Community Flourish: Your support keeps the local business scene alive and thriving. Whether it's the cozy café down the street or the boutique around the corner, every purchase contributes to the vibrancy and character of our community.

Let's make this holiday season extra special by embracing the magic of local shopping!
#ShopLocal #SupportLocalBusinesses #CommunityLove #HolidayMagic



Council Notes

Council Notes: *Complete Minutes are available on our Website once approved at the next month's council meeting.*

November 13th, 2023 Council Meeting

Christmas Music

Council approved that administration will communicate the request from residents that the Warburg Cultural Society play Christmas music on weekdays from 9:00 am -5:30pm, no weekends with the exception of the weekend before Christmas and on the night of Warburg's Light Up.

Northern Truck Ranch

Council approved the purchase of a 2020 Ford F-550 in the amount of \$89,000 plus GST, from Northern Truck Ranch on condition that the transmission is installed by seller and that the warranty is indicated on the bill of sale.

Spirit of Giving Luncheon

Council moved that any member of Council wishing to attend the Spirit of Giving Luncheon on December 8th, 2023 be authorized to attend. This event is presented by The Leduc Regional Chamber of Commerce and allows business and community to come together to celebrate the spirit of giving in our communities and the annual Brandt Spirit of Giving Award is presented to a business or group that goes above and beyond with their generosity.

Assessment Workshop

Council approved Councillor Laing and T. Davey to attend the Assessment Workshop on December 8th, 2023 if they are available to do so.

MLA Andrew Boitchenko

Council moved that the Village forward MLA Andrew Boitchenko the Village's future infrastructure needs in regards to paving projects and sewer upgrades and Phase 3 of the Arena Upgrades.

Black Gold School Board

Council moved that administration request access from Black Gold School Division to the workout space at the Warburg School for our community for available evenings for now and working together to find a solution for residents to have access during morning hours, evenings and weekends.

Fortis Alberta Franchise Agreement Renewal

Council approved that the Village renew the Fortis Alberta Franchise Agreement for a further period of five years.

Bylaw # 190/ 23 for the Purpose of Amendment of the Land Use Bylaw

Council moved that the second and third reading for the amendment to the Land Use Bylaw regarding fencing on corner lots by tabled with a summary of the Public Hearing to be circulated amongst Council.

Development Approval

Council approved the proposed development of a 70'x23.74' RTM with a 25'x20' addition on a full basement as no objections were received from the Public Hearing and based on the Development Officer's recommendation noting that the design, character and appearance of the proposed development is compatible with the surrounding properties.

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***Save the Date:**

Village of Warburg Christmas Open House will be December 22nd, 2023 from 3-6pm.

The Village of Warburg 70th Anniversary Celebration is on December 31st, 2023 at the Pioneer Rec Center (hall) from 5:30pm-12:30pm with cash bar, supper, fireworks and a dance. Tickets \$25.00—available for purchase at the Village Office. Check out the FCSS/Newsletter for more information!

Council Meetings

Upcoming Regular meetings of Council will be held on Monday, December 11th, 2023 @ 7:00 pm in the Municipal Council Chambers. Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the Wednesday of the week prior to the meeting. Meetings are open to the Public.

Happy Holidays



Color this page and bring it in to the office!



December 2023



Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1 Senior's Jam Session 1 pm Tot skate 10-12	2 Firefighter's Food Bank Drive 9am Museum Pie & Coffee
3	4 Shinny 3:45-5:15 Bus to Aquafit/Walmart Christmas Craft Day Village 1:30-4	5 16+ Rec. Volleyball 7-9 pm (\$2)	6 Family Skate 3:45-5:15 *Tai Chi 10-11 (2.00) Seniors Center AG Meeting 6:30	7 Rec Pickleball 7-9 pm (\$2)	8 Last day for Christmas Elves Intake Tot skate 10-12 Legion Pub Night 5-11pm	9
10 Legion Brunch 8:30-11 6 under free Adults \$15	11 Council meeting 7 PM Bus to Aquafit/	12 16+ Rec. Volleyball 7-9 pm (\$2) Seniors Trip to Light up (\$5)	13 Family Skate 3:45-5:15 *Tai Chi 10-11 (2.00) Seniors Center	14 Rec Pickleball 7-9 pm (\$2)	15 Tot skate 10-12	16
17	18 Shinny 3:45-5:15 Bus to Aquafit/Walmart	19 16+ Rec. Volleyball 7-9 pm (\$2)	20 Family Skate 3:45-5:15 *Tai Chi 10-11 (2.00) Seniors Center	21	22 Village of Warburg Open House 3-6 Tot skate 10-12	23
24 Christmas Eve	25 Merry Christmas Village office Closed	26 Boxing Day Village office Closed	27	28	29	30
31 Happy New Year! Please see ad	Jan 1 Village Office will be Closed	2024	Floor Curling :Every Thursday at the Hall 1PM TAI CHI Every Wednesday 10-11 am (\$2.00) Busy Brushes on hold due to construction Shinny —Every Monday 3:45-5:15 Family Skate : Every Wednesday 3:45-5:15 Bus to Aquafit/Walmart Runs Every Monday-Register with Shauna-780-848-2828			