



HELLO
January

FCSS/REC NEWSLETTER

In January, you can start again, reassess your goals, and set new directions.



A thank you from Warburg Christmas Elves

2024 has come and gone, and what a successful year for the Warburg Christmas Elves.

We truly are a small community with a big HEART and we went above and beyond to help make the holidays for our community members who needed some extra help a little more special.

A thank you goes out to our Volunteer Firefighters who went out on a Saturday to do the food drive. Thank you to the school and students for collecting food donations.

We appreciate all the businesses that contributed to our program year after year.

A huge thank you to all the community members who helped, the individuals who dedicated their time volunteering filling hampers, sorting and delivering the hampers your help does not go unnoticed and we appreciate you all.

Thank you

Kathryn Pienioslo

Warburg FCSS

ATB FINANCIAL, BUCK MOUNTAIN GAS CO-OP, CANADIAN TIRE (LEDUC),
CAPITAL POWER, COMMUNITY UNITED CHURCH, GAS ALBERTA INC,
GENESSEE POWER PLANT, HORIZON AG AND TURF LTD,
SARVAS CONSTRUCTION, WARBURG AG SOCIETY,
WARBURG ALLIANCE CHURCH, WILF BRANDT TRUCKING

ALL THE BUSINESSES, FAMILIES, COMMUNITY MEMBERS & VOLUNTEERS

without the support from everyone our program wouldn't be a success

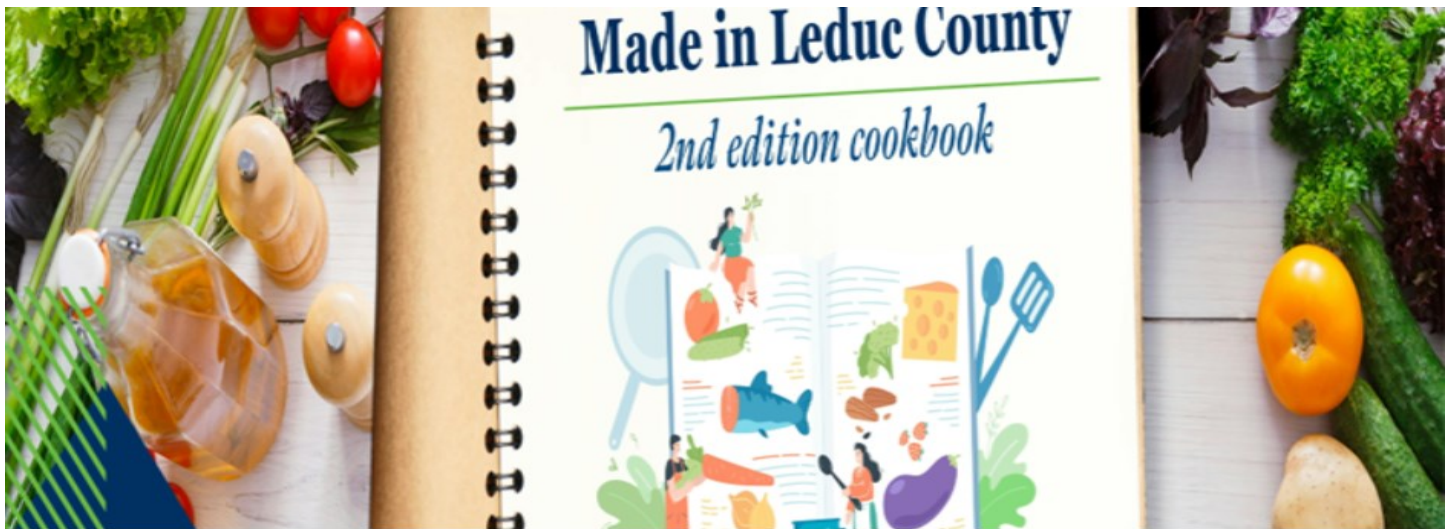




Applications for Seniors Grants open on Jan. 2, 2025

Applications for our Seniors Grants for 2025 are open starting Jan. 2., 2025. The program is designed to provide funding support to organizations and volunteer groups who will create new opportunities for Leduc County seniors to connect, engage and contribute to their communities.

Applications are open from Jan. 2 to 31, 2025. Visit www.leduc-county.com/grants to learn more about eligibility and to start the application process.



The new cookbook is here!

We're pleased to announce the second edition of Made in Leduc County; YOUR community cookbook. A BIG thank you to County residents for all the submissions for this year's edition. Please watch for announcements in the new year as we'll put out the call for submissions to support a third edition.

Leduc County is a proud agricultural community. We have large agricultural producers, smaller local food operations and everything in between! Our agricultural roots run deep and are blessed with cultural diversity that boils over in abundance creating delectable contributions to this region's history.

NEW 2nd edition Made in Leduc County cookbook

Your 2024 edition features 37 recipes and can be found using the link below:

<https://www.yoursayleduccounty.com/made-in-leduc-county>



2025 board appointments

Leduc County invites County residents to apply for the following board and committee positions by 4:30pm on January 27, 2025. Please note mileage and an honorarium may be provided to committee/board meetings.

Acts in an advisory capacity to Council. The committee is comprised of six members of the community and two Leduc County Council members.

- **Positions available:** three members at large, with one representative each for the Warburg, Leduc and New Sarepta areas

- **Term:** two years ending Dec. 31, 2026

Meeting frequency: four times per year on Wednesdays commencing at 6:30 p.m.

If you have an interest in serving on one of the above-listed boards and committees, please call 780-770-9259 or submit your resume to the undersigned by Jan. 17, 2025 at 4:30 p.m.:

Lisa Brown, Legislative Coordinator

780-770-9259

legservices@leduc-county.com

101-1101 5 St.



Holiday money hangover

The holidays are a special time for friends and family but can bring financial stress. Many people face a “holiday hangover” when credit card bills arrive. If you would rather save for what matters to you, join this informative session. With the right support, you can pay off holiday debts and plan for the year to come.

In this webinar you will learn how to:

- ▶ Figure out how much the holiday fun will cost and what still needs to be paid for
- ▶ Take control of your holiday debt and pay it off quickly
- ▶ Make a plan to ensure the next holidays are less stressful and paid for in advance
- ▶ Organize and re-prioritize gifting

Give yourself a future without the holiday hangover, so it can be more enjoyable knowing the bills are paid!

- ▶ **Date:** Tuesday, Jan. 14, 2025
- ▶ **Time:** 12 to 1 p.m.
- ▶ **Location:** Zoom online
- ▶ **Registration:** contact Kristin at [780-955-6421](tel:780-955-6421), by email at Kristin@leduc-county.com or online at www.leduc-county.com/money-hangover





Family
Counselling Centres

FOCUS WARRIORS

Empowering Kids with ADHD
& Neurodivergence

SCAN THE QR CODE TO
REGISTER OR CONTACT US:

780.612.8577 Ext 11
intakes@familycounsellingcentres.com



DATES: February 5, 12, 19, 26, March 5th
(caregiver session), 12th, and 19th

TIME: 5:30PM - 6:15PM (Ages 7-9)
6:30PM - 7:15PM (Ages 10-12)

PRICE: \$455 - Direct billing available to participating
insurance providers

LOCATION: Leduc Public Library
2 Alexandra Park, Leduc, AB T9E 4C4
Karl Martin Room

Join Gillian Turner, Registered Provisional Psychologist and Laura Ellis, Master's-Level Intern Therapist, for a 7-week group program designed for children with ADHD and neurodivergence ages. The sessions offer psycho-education on understanding neurodivergence and teach personalized strategies for learning, emotional expression and regulation, as well as using strengths to build confidence. These interactive sessions will include sensory based activities and creating a toolbox of strategies to learn and practice skills in an engaging way. This program includes a caregiver session, providing an opportunity for parents and/or guardians to connect, share strategies and challenges, and discuss the importance of self-care in supporting neurodiversity at home.

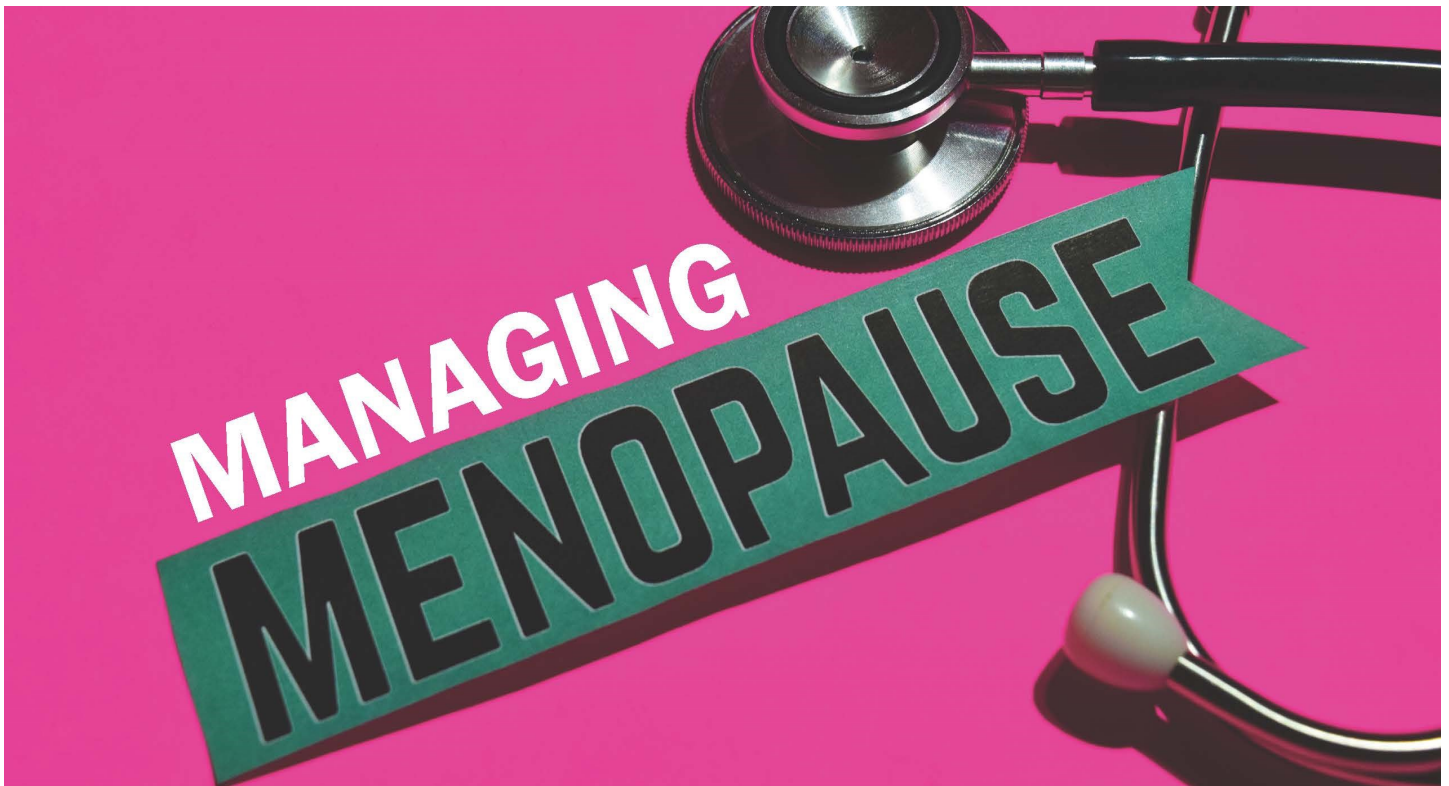
familycounsellingcentres.com



Gillian Turner
Registered Provisional
Psychologist



Laura Ellis
Master's-Level Intern
Therapist



Dealing with hot flashes, night sweats, trouble sleeping or mood swings related to menopause?

Discover ways to help manage these symptoms through lifestyle changes, pelvic floor therapy, non-prescription and prescription therapy options including a detailed discussion on hormone therapy.



Join the conversation!

Sessions will be facilitated by Melissa, a registered nurse at the Leduc Beaumont Devon Primary Care Network. She grew up on a farm in Leduc County and has built her career in rural nursing.

- ▶ **Date:** Wednesday, Feb. 5, 2025
- ▶ **Time:** 6 to 8 p.m.
- ▶ **Location:** Warburg Nurse Practitioner-Led Clinic (5212 50 Ave. Warburg)
- ▶ **Registration:** Call **780-848-2828** or email **fcss@warburg.ca**
Deadline to register: Jan. 29
- ▶ **Date:** Thursday, Feb. 20, 2025
- ▶ **Time:** 6 to 8 p.m.
- ▶ **Location:** Zoom online
- ▶ **Registration:** Call Lucille at **780-941-2382**, email **lucille@leduc-county.com** or visit **www.leduc-county.com/managing-menopause**
Deadline to register: Feb. 13





Home alone

parent and child



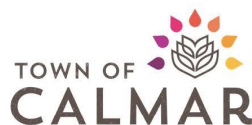
Do you think your child is ready to start staying home alone occasionally for short periods of time?

Does your child have some experience being home alone?

No matter what your situation, this workshop will enhance your child's skills and confidence to stay home alone while giving you the knowledge about what your child needs in order to be ready, including skills and readiness, as well as emergencies, back up plans and scenario practices.

- ▶ **Date:** Tuesday, Feb. 11, 2025
- ▶ **Time:** 6 to 8 p.m.
- ▶ **Location:** Warburg Village office basement (5212 50 Ave. Warburg, AB.)
*use rear door
- ▶ **Spaces available:** maximum of six family groups
- ▶ **Register:** contact Kristin at **780-955-6421** or kristin@leduc-county.com or register online at www.leduc-county.com/home-alone

*Children must be a minimum of nine years old and a parent or caregiver must be in attendance.



FREE MARCH 2025 ANXIETY SERIES

AT THE LEDUC PUBLIC LIBRARY

You are invited to the Leduc Public Library for Family Counselling Centres FREE March Anxiety Series, for children grades 3-6 and facilitated by Master's-Level Intern Therapist Laura Ellis. Sign up for individual workshops or all 4 throughout the month of March.



REGISTER HERE

March 6, 2025 5:30PM-6:30PM

Understanding Anxiety for Kids

This session will help children who are experiencing anxiety to identify their emotions, understand what anxiety feels like, and how anxiety can affect their daily life. Through stories, activities, and discussion you'll learn about yourself and begin to build confidence in expressing and understanding these challenging feelings.

March 13, 2025 5:30PM-6:30PM

Calm and Confident: Tools for Managing Anxiety

Join us for a supportive and interactive session designed for children who are learning to manage anxiety. In this workshop, you'll discover some ways to help you feel calmer, like deep breathing exercises, muscle relaxation, and guided imagery. We'll practice these tools together and explore ways to identify, label, and cope with your feelings.

March 20, 2025 5:30PM-6:30PM

Social Anxiety and Navigating Peer Relationships

Join us to explore what social anxiety is, what it feels like, how it can show up in places like school and with friends. This session will allow you to learn about social anxiety and explore some new tools and strategies to begin to manage those tricky feelings.

March 27, 2025 5:30PM-6:30PM

Understanding Anxiety: Building Resilience and Positive Thinking

This session will allow kids to learn more about what anxiety is and how it affects their thoughts and feelings. We'll explore how anxious thoughts can sometimes make things seem scarier than they are, and practice ways to turn those thoughts around. Through fun activities, stories, and practical tools, kids will discover ways to build resilience and develop a more positive mindset.



Family
Counselling Centres

780.612.8577 Ext 11
intakes@familycounsellingcentres.com
familycounsellingcentres.com

BLACK GOLD SCHOOL DIVISION



Scan the QR code
for more info:

SAVE THE DATE | January 6, 2025
2025-2026 Kindergarten registration begins!

www.blackgold.ca/schools/programs/kindergarten



WARBURG PLAYSCHOOL COMEDY NIGHT

SATURDAY - FEBRUARY 15, 2024

FEATURING THE PEPPER & DYLAN SHOW'S ROB PEPPER

50/50 TICKETS
& GREAT RAFFLE
PRIZES

GENERAL: \$35

VIP TICKET: \$60

VIP TABLE: \$440

DOORS - 6:00 P.M.

SHOW - 7:00 P.M.

PRIZES - 9:00 P.M.

5335 50A AVE WARBURG

PURCHASE YOUR TICKETS AT FUNNYFUNDRAISING.CA



rob pepper's
funny fundraising

DRIVE HAPPINESS

SENIORS ASSISTED TRANSPORTATION

Getting seniors where they need to go.

Looking for Volunteer Drivers. Contact Katlynn 780-848-2828
fcss@warburg.ca for more information



Meals on Wheels Driver

We are looking to have volunteer drivers available on a casual basis.

Please reach out to Katlynn @ 780-848-2828 or
fcss@warburg.ca for more information or application.

Let it Snow, Let it
Snow, Let it Snow

LOOKING FOR SNOW ANGELS

HELPING THOSE IN NEED

If you would like to put your kindness to use and be a snow angel reach out. If you are in need of some help when the snow falls reach out. Let the community come together this snowy season.

Reach out now

780-848-2828 or
email fcss@warburg.ca



WARBURG PUBLIC LIBRARY

HOURS

Monday - Thursday 10am-5pm
Closed Friday-Sunday



VOLUNTEERS ARE ALWAYS NEEDED!

PROVIDE COMFORT AND SUPPORT FOR PEOPLE IN NEED!

MAKE 2025 YOUR YEAR TO MAKE A DIFFERENCE

SOME OPPORTUNITIES INCLUDE

WARBURG SOCCER

WARBURG LIBRARY

FCSS ADVISORY BOARD

CHRISTMAS ELVES

AFTER SCHOOL PROGRAMS

CONTACT FCSS@WARBURG.CA
780-848-2828

OPPORTUNITIES FOR ALL AGES

TEAM MEMBERS NEEDED

Warburg FCSS Advisory Board is looking for 2 new members. Please reach out to cao@warburg.ca with letter of intent, if volunteering within the community sparks your interest.



Warburg PICKLEBALL



THURSDAYS
7pm-9pm

Warburg High School Gym



\$2



PICKLEBALL WILL ONLY RUN WHEN THE SCHOOL IS OPEN

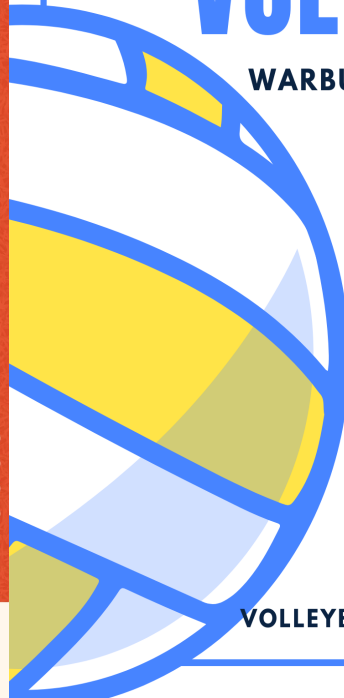
18+

TUESDAY NIGHTS

ADULT VOLLEYBALL

WARBURG HIGH SCHOOL GYM

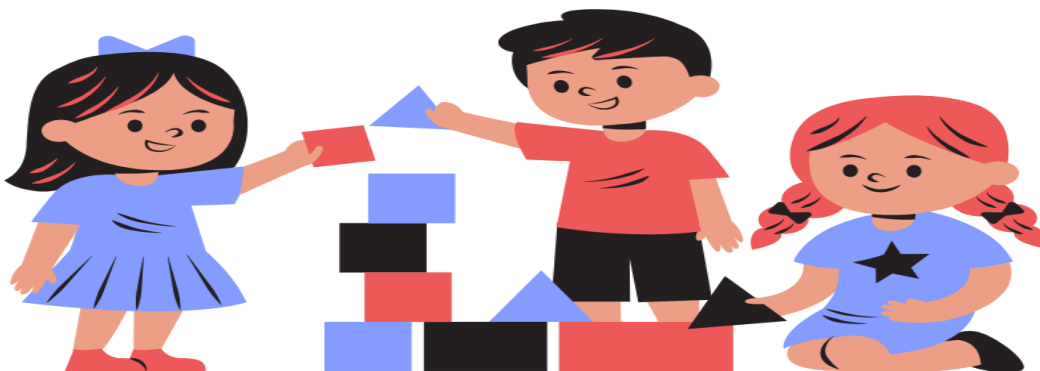
\$2 7PM-9PM



VOLLEYBALL RUNS ONLY WHEN THE SCHOOL IS OPEN.

WARBURG MOM AND TOT PLAY GROUP

MONDAYS 9:30AM-11AM
WARBURG VILLAGE BASEMENT



BUS TO AQUA GENTLE

Join Now

Mondays
Warburg -> Breton -> Drayton Valley



850 am departs from Village of Warburg Office

910 am departs from Breton

10am-1045am Aqua Gentle @ Ricohet Aquatic Centre
or 1 hour shopping at Walmart

Bus Punch Passes Available - 5 (\$36), 10 (\$72) or
Daily Drop in \$10. Any fees for the class are separate
from the bus fees. Please contact Ricohet Aquatic
Centre with any questions regarding the class 780-
515-7946. For non Parkland County, Brazeau County
or Drayton Valley Residents the class is \$7.50.



Registration must be completed by Thursday prior to the
Mondays trip

Must have minimum 8 riders.

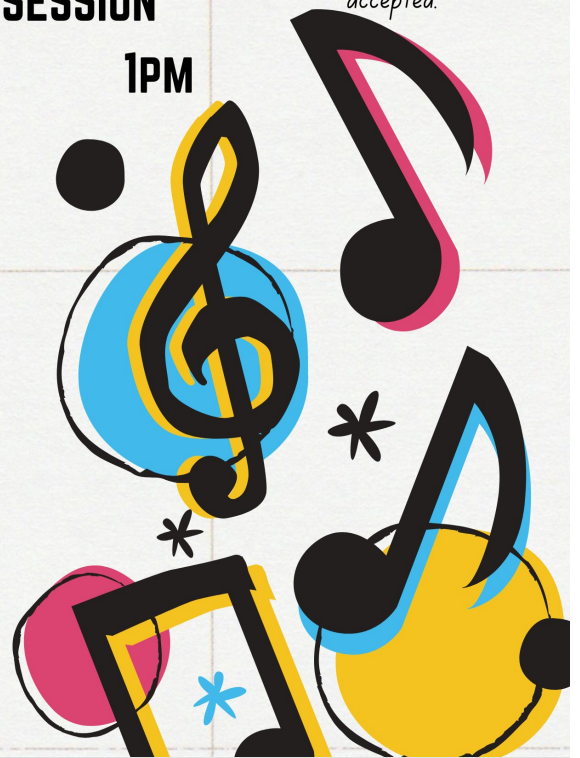
**Please Contact Warburg FCSS @ 780-848-2828 for more
Information or pick up punch pass**

Warburg Seniors
Centre

JAM SESSION

1PM

Every second Friday of the month
Pie and Coffee served. Donations
accepted.



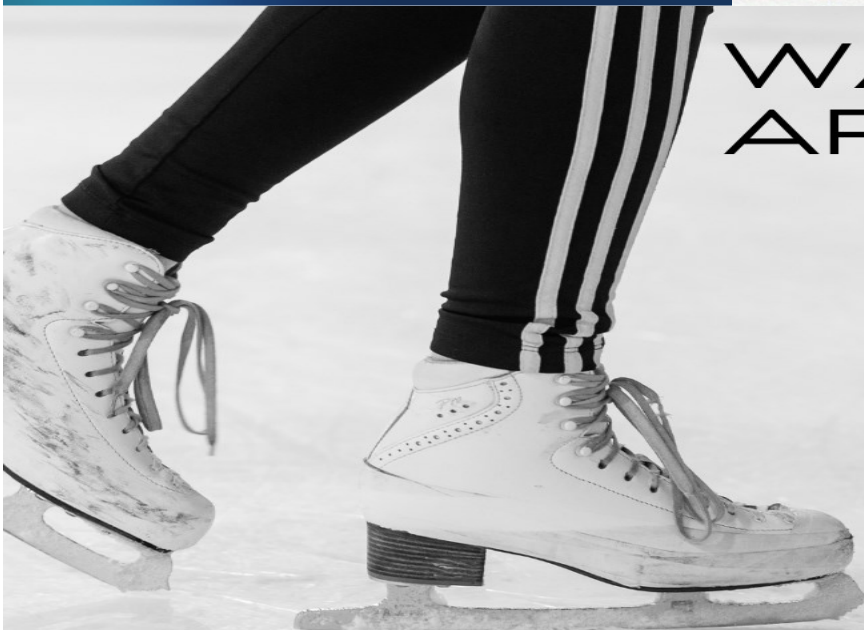
WARBURG ARENA

»» JOIN US

**FAMILY SKATE
MONDAYS
345PM-515PM**

**SHINNY
WEDNESDAYS
345PM-515PM**

Helmets
must be worn for all on the ice.
*No sticks/pucks during Family Skate *



Warburg
Senior
Centre



12PM

JANUARY 15, 2025

SOUP &
SANDWICH



WARBURG
CURLING



JUNIORS - WEDNESDAYS

LEAGUE - MONDAY, WEDNESDAY, THURSDAY 7PM

STURLING NIGHT - TUESDAY 630PM

MENS - THURSDAY 10AM

Contact Hugh @ 780-898-8651 for more information



GOTTA CATCH
THEM ALL

Dust off your cards, lets do some trading.

3:00pm-4:45pm
JANUARY 23, 2025
Village Office Basement

How to Access Alberta Supports Services

Alberta Supports Services Apply easily for supports

Alberta Supports helps:

- Seniors
- People with disabilities
- Job seekers
- Parents
- Families

More than 30 programs and 120 services support Albertans needing help with:

- Income supports
- Seniors supports
- Childcare supports
- Disability supports
- Emergency supports
- Employment and training

Call the Alberta Supports Contact Centre at 1-877-644-9992

Apply online at

alberta.ca/alberta-supports.aspx

Alberta Supports Centres

Alberta Supports Centres are reopening to in-person services on April 4, 2022.

Find contact information for local Alberta Supports Centres and AISH offices at:

alberta.ca/alberta-supports.aspx and <https://www.alberta.ca/contact-aish.aspx>.

It's easier than ever to apply for Income Support and AISH programs online and by phone:

Apply for AISH online:

alberta.ca/aish-how-to-apply.aspx

Apply for Income Support online:

alberta.ca/income-support-how-to-apply.aspx

Apply for Income Support by phone:

1-877-644-9992

Submit documentation and verification to support applications by:



The Income Support Contact Centre provides emergency benefits to eligible Albertans including assistance with food, medication, temporary shelter or basic emergency dental.

Call the Income Support Contact Centre 24 hours per day, seven days per week: 1-866-644-5135

alberta.ca/alberta-supports.aspx

Government of Alberta | Published: March 14, 2022

Classification: Public

Alberta

What's Happening in Warburg

Mondays

Mom Group 930am-11am @ Village Basement
Family Skate 345pm-515pm @ Arena

Tuesdays

Adult Volleyball 7pm-9pm @ High School Gym \$2 drop in
Quilting 930am-2pm @ Senior Centre \$2 drop in

Wednesdays

Tai Chi 10am-11am @ Pioneer Recreation Centre (Hall) \$2 drop in
Busy Brushes 10am-2pm @ Cultural Centre \$5
Cards 1pm @ Centre Centre \$2 drop in
Shinny 345pm-515pm @ Arena

Thursdays

Floor Curling 1pm @ Pioneer Recreation Centre (Hall) \$2 drop in
Pickleball 7pm-9pm @ High School Gym \$2 drop in



Industrial Land for Sale

The Village of Warburg is now accepting Offers to Purchase on Industrial Zone Lot, Roll 559, Plan 8522414, Lot 1 (21.3 acres along highway 39, power serviced site).

* Please provide a Development Plan along with your offer to purchase. The plan must include a commitment to develop the lot within one (1) year of the purchase date. *Offers without a Development Plan will not be considered.*

Offers can be dropped off at the Village of Warburg Municipal Office or submitted via email or fax.

Attention: Christine Pankewitz
Development Officer
Box 29, 5212-50 Avenue
Warburg, Alberta
T0C 2T0
Phone: 780-848-2841 Fax: 780-848-2296
Email: office@warburg.ca

Note to all Residents:

Please remember that all snow is to remain on your property. There is to be no snow pushed onto the street or boulevards when cleaning your walks or driveways.

Please use extreme caution approaching equipment at work within the Village. Make eye contact with the driver prior to approaching from behind or the side of all working equipment.

Council Meetings

Upcoming Regular meetings of Council will be held on Monday, January 13th, 2025 @ 7:00 pm and Monday, January 27th, 2025 @ 7:00 pm in the Municipal Council Chambers. Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the **Wednesday** of the week prior to the meeting. Meetings are open to the Public.

Do you see something suspicious within the Village of Warburg?



We encourage residents to report any suspicious activity to the Thorsby RCMP. You can reach them at their non-emergency line at 780-789-3950. The more information the police receive, the better they can monitor and address these activities. Please note traffic violations can also be reported to the RCMP.

REMINDERS that Cat, Dog and Business Licenses are due by January 31st, 2025.

Cat/Dog Licenses

Dog and cat licenses must be registered/renewed as of January 31st, 2025. Residents get a form at the Village office or they can be found on the www.warburg.ca website. A copy is included with the January 2025 Village of Warburg water bill.

Business Licenses

As per Bylaw 156/18, any person or persons operating a business or providing goods or services to the residents of the Village of Warburg must hold a current Business License. A Business License covers the calendar year of January 1 to December 31. The cost of such license is \$25.00/per year/per business for Home Based Businesses and Businesses located within the Village, and \$50.00 for businesses located outside of the Village, Hawkers/Peddlers and Single Projects.

Please note that the 39/20 Alliance allows for any business residing in one of the 4 municipalities within the Alliance (Breton, Calmar, Thorsby and Warburg) to purchase a Regional Business License from your residing community for an additional \$50.00, allowing you to do business in the other municipalities without having to purchase separate licenses from each one. For a Business License Application, visit the Village office or online at www.warburg.ca



	6							9
						5	8	2
4		3	2	9			6	
3		5	9			7	1	
8		6	1				9	3
	2	1	3					
2			8		1		7	4
7		4	5			8		6

Have some fun with Sudoku.

January

January is Alzheimer's Awareness Month

Ag Society Meeting Jan 8,2025 7pm @ Hall
 Council Meeting Jan 13,2025 7pm and Jan 27,2025
 7pm @ Municipal Council Chambers

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy New Years	2 Office Closed	3 Office Closed	4
5	6 Mom Group 930am-11am Community Skate 345pm-515pm	7 Quilting 930am-2pm Adult Volleyball 7pm-9pm	8 Tai Chi 10am-11am Busy Brushes 10am-2pm Cards 1pm Shinny 345pm-515pm	9 Floor Curling 1pm Pickleball 7pm-9pm	10 Office Closed	11
12	13 Aqua Gentle 850am Mom Group 930am-11am Community Skate 345pm-515pm Council Meeting 7pm	14 Quilting 930am-2pm Adult Volleyball 7pm-9pm	15 Tai Chi 10am-11am Busy Brushes 10am-2pm Cards 1pm Shinny 345pm-515pm	16 Floor Curling 1pm Pickleball 7pm-9pm	17 Office Closed	18
19	20 Aqua Gentle 850am Mom Group 930am-11am Community Skate 345pm-515pm	21 Quilting 930am-2pm Adult Volleyball 7pm-9pm	22 Tai Chi 10am-11am Busy Brushes 10am-2pm Cards 1pm Shinny 345pm-515pm	23 Floor Curling 1pm Pickleball 7pm-9pm After school Pokémon Day 3pm-445pm	24 Office Closed	25
26	27 Aqua Gentle 850am Mom Group 930am-11am Community Skate 345pm-515pm Council Meeting 7pm	28 Quilting 930am-2pm Adult Volleyball 7pm-9pm	29 No School	30 Floor Curling 1pm Pickleball 7pm-9pm	31 Office Closed	